

University of Alabama
Tuscaloosa Family Medicine
Residency Handbook

Academic Year 2023-2024

Approved by the Graduate Medical Education Committee on

August 2, 2023

Program Director

Tamer Elsayed, MD

tmelsayed@ua.edu

THE UNIVERSITY OF
ALABAMA[®] | College of
Community
Health Sciences

Contents

Sponsoring Institution Information.....	3
Introduction.....	3
About the College.....	3
Mission.....	4
Graduate Medical Education at The University of Alabama.....	5
Policies and Procedures.....	7
Expectations for Professionalism and Reporting Avenues.....	8
Working with Medical Students.....	8
Wellbeing.....	9
Administrative Practices.....	10
Severe Weather Guidelines.....	16
Program Aims & Goals.....	18
Lines of Authority, Administrative Structure, and Accreditation.....	20
Program Specific Policies.....	22
Program Specific Practices.....	22
Signatures.....	58

Sponsoring Institution Information

Introduction

Within this handbook, you will find resources on the College of Community Health Sciences, as well as relevant policies and procedures, available resources, and many other topics.

The policies and procedures listed herein are subject to change as they are reviewed yearly, so trainees are advised to always use the web links provided when referring to policies and procedures.

This handbook is divided into two sections:

- Section one of the handbook is applicable to trainees in all programs, from our Family Medicine Residency to our seven post-residency fellowships. It contains general information about the College and its role as the Sponsoring Institution for the University's Graduate Medical Education programs. In this section, you will find links to valuable resources and important policies.
- Section two of the handbook contains information specific to the Family Medicine Residency Program.

The absence of policy, procedure, and any other regulations and guidelines from this Handbook does not excuse the trainee from their responsibility to be aware of such as they may apply to the trainee. This Handbook should not be construed as, and does not constitute, an offer of employment by the University for any specific duration, nor is it intended to state any terms of employment not otherwise adopted and incorporated as part of any Trainee Agreement. In the event of conflict between applicable UA, CCHS, Sponsoring Institution, or Program Policy and this Handbook, the policy shall prevail.

About the College

The College of Community Health Sciences

The College of Community Health Sciences was established at The University of Alabama in 1972 in response to the Alabama Legislature's mandate to solve the critical need for health care in rural Alabama. That same year, the College was also designated as a regional campus of the UAB Heersink School of Medicine to provide clinical training to medical students. Dr. William R. Willard was recruited as the College's first dean following his retirement from the University of Kentucky. Willard, known as the father of family medicine for his national role in establishing family medicine as a specialty, began recruiting faculty and staff, and the College's first full-time students enrolled in 1974.

Since that time, the College has educated more than 550 family medicine physicians who are working in medical practices, hospitals, and universities throughout the United States. In its role as the Tuscaloosa Regional Campus of the UAB Heersink School of Medicine, formerly the University of Alabama School of Medicine, the College has educated more than 900 medical students who have been competitive in

obtaining entry to prestigious residencies across the country in family medicine and other specialties, including internal medicine, pediatrics, obstetrics and gynecology, psychiatry, neurology, and surgery.

The College's first medical clinic opened in 1975 in Tuscaloosa and by 1993 had 13,800 patients. Today, University Medical Center provides comprehensive patient-centered care from five locations – University Medical Center, located on the UA campus, UMC-Northport, UMC-Carrollton, UMC-Demopolis, UMC-Fayette, and UMC-Livingston – that form the largest community practice in West Alabama with more than 150,000 annual patient visits. University Medical Center also serves as the base for the College's clinical teaching program. In addition, the College operates the UA Student Health Center and Pharmacy and Brewer-Porch Children's Center.

CCHS faculty and graduate students engage in research and scholarship and provide community outreach through the Institute for Rural Health Research, established by the College in 2001 with the goal of improving health in Alabama and the region, and the UA Center for Convergent Bioscience & Medicine.

Capstone Health Services Foundation

The Capstone Health Services Foundation (CHSF) is a separate 501(c)-3 organization serving as the physician's practice plan. CHSF is an affiliated foundation of The University of Alabama. CHSF operates the University Medical Center (UMC) at its several locations, as well as the Capstone Hospitalist Group.

Mission

We are dedicated to improving and promoting the health of individuals and communities in Alabama and the Southeast region through leadership in medical and health-related education, primary care, and population health; the provision of high quality, accessible health care services; and research and scholarship.

We pursue this mission by:

- Shaping globally capable, locally relevant, and culturally competent physicians through learner-centered, innovative, community-based programs across the continuum of medical education.
- Forging a reputation as a leading health sciences academic research center.
- Providing high-quality, patient-centered, and accessible clinical services delivered by health care professionals of all disciplines.
- Fostering a more diverse, equitable, and inclusive CCHS.
- Creating a culture of employee wellness and growth.

Graduate Medical Education at The University of Alabama

The College of Community Health Sciences (CCHS) is the sponsoring institution for all Accreditation Council for Graduate Medical Education (ACGME) graduate medical education (GME) programs offered at The University of Alabama. The ACGME requires that graduate medical education programs operate under the authority and control of one sponsoring institution. The head of the sponsoring institution is the Dean of CCHS, Dr. Richard Friend. The Associate Dean for Academic and Faculty affairs is Dr. Caroline Boxmeyer. In addition, there must be an organized administrative system led by a Designated Institutional Official (DIO) in collaboration with a Graduate Medical Education Committee (GMEC) that oversees all ACGME-accredited programs of the sponsoring institution. CCHS's GMEC has been charged with overseeing all GME programs regardless of accreditation status. It is not uncommon for sponsoring institutions to have advanced training programs (fellowships) in areas in which specialty board accreditation or certification is not offered. At CCHS, all GME programs are held to the same standards of compliance and monitoring as established by ACGME. Table One depicts CCHS's graduate medical education programs.

The Sponsoring Institution is home to a Residency in Family Medicine, as well as seven fellowships. Of these programs, the Residency Program, the Geriatric Medicine Fellowship, and the Sports Medicine Fellowship are all ACGME accredited. See **Table One** for program overview.

Table One – GME Programs at CCHS

PROGRAM NAME	ACCREDITATION AGENCY	PROGRAM DIRECTOR	NUMBER OF APPROVED TRAINEES	TRAINING PERIOD (YRS)
Family Medicine (FM) Residency	ACGME	Tamer Elsayed, MD	48	3
Sports Medicine Fellowship	ACGME	Ray Stewart, MD	3	1
Geriatric Medicine Fellowship	ACGME	Anne Halli-Tierney, MD	2	1
FM-OB Fellowship	None	Cathy Lavender, MD	2	1
FM Hospitalist Fellowship	None	Robert Sheppard, MD	4	1
FM Behavioral Medicine Fellowship	None	Marissa Giggie, MD	2	1
FM Emergency Medicine	None	Tamer Elsayed, MD	2	1
FM Pediatrics Fellowship	None	Sara Phillips, MD	1	1

The DIO for the sponsoring institution is Dan Walters, JD, MBA. Mr. Walters was appointed DIO in December 2020. The DIO has the authority and responsibility of oversight and administration for all the GME programs at CCHS (regardless of ACGME accreditation) and works in collaboration with the GMEC for its oversight of all graduate medical education programs and activities.

The GMEC is comprised of program directors from the residency and fellowship programs, a designated representative from DCH Regional Medical Center, the participating site in which our trainees complete most of their inpatient training, as well as program faculty, peer-selected residents and fellows, and a quality improvement/patient safety officer.

The ACGME tasks the GMEC with oversight¹ of:

- ACGME accreditation and recognition statuses of the Sponsoring Institution and each of its ACGME-accredited programs;
- the quality of the GME learning and working environments within the Sponsoring Institution, each of its ACGME-accredited programs, and its participating sites;
- the quality of educational experiences in each ACGME-accredited program that lead to measurable achievement of educational outcomes as identified in the ACGME Common and specialty-/subspecialty-specific Program Requirements;
- the ACGME-accredited programs' annual program evaluations and Self-Studies;
- ACGME-accredited programs' implementation of institutional policies for vacation and leaves of absence, including medical, parental, and caregiver leaves of absence, at least annually;
- all processes related to reductions and closures of individual ACGME-accredited programs, major participating sites, and the Sponsoring Institution; and,
- the provision of summary information of patient safety reports to residents, fellows, faculty members, and other clinical staff members. At a minimum, this oversight must include verification that such summary information is being provided.

Additionally, GMEC is responsible for the review and approval² of:

- institutional GME policies and procedures;
- GMEC subcommittee actions that address required GMEC responsibilities;
- annual recommendations to the Sponsoring Institution's administration regarding resident/fellow stipends and benefits;
- applications for ACGME accreditation of new programs;
- requests for permanent changes in resident/fellow complement;
- major changes in each of its ACGME-accredited programs' structure or duration of education, including any change in the designation of a program's primary clinical site;
- additions and deletions of each of its ACGME-accredited programs' participating sites;

¹ ACGME Institutional Requirements 2022, I.B.4.a.

² ACGME Institutional Requirements 2022, I.B.4.b.

- appointment of new program directors;
- progress reports requested by a Review Committee;
- responses to Clinical Learning Environment Review (CLER) reports;
- requests for exceptions to clinical and educational work hour requirements;
- voluntary withdrawal of ACGME program accreditation or recognition;
- requests for appeal of an adverse action by a Review Committee;
- appeal presentations to an ACGME Appeals Panel; and,
- exceptionally qualified candidates for resident/fellow appointments who do not satisfy the Sponsoring Institution's resident/fellow eligibility policy and/or resident/fellow eligibility requirements in the Common Program Requirements.

Policies and Procedures

The Sponsoring Institution maintains policies specific to its GME endeavor. Additionally, trainees should reference [CCHS policies](#), many of which will be applicable to trainees. Finally, trainees are encouraged to review [University of Alabama policies](#), paying special attention to [those regarding employment](#). Trainees should also consult the [UA Employee Handbook and Policy Manual](#). Policies are reviewed and updated on a regular basis; therefore, trainees should refer to these online postings of policy, rather than any paper versions to ensure they are accessing the most recent version. Further, from time-to-time policies may be created or retired. These changes will be reflected on the [Sponsoring Institution Policy page](#).

[Sponsoring Institution Policies](#) include:

1. Eligibility, Recruitment, and Appointment
2. Promotion, Appointment Renewal and Dismissal
3. Due Process
4. Grievances
5. Leave
6. Impairment
7. Harassment
8. Accommodation for Disabilities
9. Supervision and Accountability
10. Clinical and Education Work Hours
11. Moonlighting
12. Vendors
13. Non-competition
14. Disaster and Substantial Disruption
15. Program Closures and Reductions
16. Drug and Alcohol
17. Probation-Remediation-Suspension
18. Professional Appearance Policy
19. Well Being, Fatigue Mitigation and Monitoring

Expectations for Professionalism and Reporting Avenues

Professionalism is vital to the clinical practice of medicine and trainee development. To that end, trainees will be evaluated on professionalism through the milestone process. Professionalism concerns will be addressed immediately. Further, professionalism is fundamental to the College's Mission and all of its critical endeavors: clinical, educational, research, and otherwise. As such, the Institution expects the utmost professionalism from its trainees and all other participants associated with graduate medical education.

This expectation of professionalism extends to a trainee's peers, faculty, staff, students, other providers, patients, and all other individuals with whom the trainee interacts during their training. Trainees are advised that concerns regarding their professionalism will be reported to the Dean.

If trainees feel that they have experienced unprofessional behavior during their training from any party, they are encouraged to report such to their Program Leadership, the DIO, the CCHS Associate Dean of Academic Affairs, or the CCHS Dean. Programs may have other means of reporting available. Every effort will be made to remedy any professionalism issues within the training environment.

Trainees may find further information regarding allegations of sexual misconduct at the [University's Title IX Page](#).

Dr. Bob McKinney, LICSW, is the College's Designated Harassment Resource Person, and is specially trained and designated to receive complaints of harassment. Dr. McKinney is available at (205) 348-7195 or rmckinney@ua.edu.

Trainees are encouraged to reference the following policies:

- Sponsoring Institution [Grievance](#) Policy
- Sponsoring Institution [Harassment](#) Policy
- The University of Alabama's [Equal Opportunity, Non-Discrimination, and Affirmative Action Policy Statement](#)
- University of Alabama's [Title IX and Sexual Misconduct Policy](#)
- Their individual program's professionalism policy, both for [residency](#) and [fellowships](#).

Working with Medical Students

The College of Community Health Sciences serves as an academic and clinical home for the Tuscaloosa Regional Campus of the UAB Heersink School of Medicine. Third- and fourth-year medical students are assigned to the various specialty services at University Medical Center. While the ultimate responsibility for students' education remains with the faculty, trainees are expected to be involved in the teaching of medical students.

Trainees are reminded of their obligation of professionalism in their work with medical students. The College has zero tolerance for unprofessional behavior.

Trainees are to allow and expect medical students to perform histories and physicals, formulate ideas concerning impressions and diagnoses, and suggest treatments. Trainees are to see the patients either with or following the students to make sure findings and assessments are accurate and to provide opportunity for necessary instruction. Trainees and students also present patients to faculty on OB/GYN and Pediatrics rotations. Trainees are expected to assist students with these presentations whenever time permits. Students will be allowed to perform procedures under direct supervision of fellows or faculty. Orders are to be countersigned immediately in all instances by the trainee responsible for the patient.

Trainees should familiarize themselves with the rotation goals and objectives for each medical student rotation to which they are assigned. Trainees will also attend a lecture/seminar on providing appropriate feedback and teaching skills directed towards medical students.

The trainees may require the student to do reasonable reading and research on a patient. The student should be familiar with all pertinent laboratory and clinical facts. Ideally, the student should present the patient to the attending for comments and guidance, with the help of the trainee on rounds. Both trainees and medical students are to present patients during morning report on the Internal Medicine rotation and/or Family Medicine rotation. Interns must perform and dictate a separate H&P from that of the medical student.

At University Medical Center Clinics or participating sites, a fellow **or** an attending, or an upper-level resident **and** an attending, must review all patients seen by a medical student-

Evaluations of students' performance may be requested from trainees for each student under his/her instruction. These are to be filled out online and returned to the clerkship directors.

Wellbeing

Mental Health

CCHS provides residents and fellows access to free, confidential counseling services for individual and/or relationship counseling. The only information the counselor shares with CCHS is the number of individuals served per month in order to determine whether to continue offering the service.

Who: Mona Ochoa-Horshok, LPC

What: Confidential Counseling

Cost: Free to Residents, Fellows, and UAB Heersink SOM-Tuscaloosa Medical Students

When: Two evenings a month, between 5:30 and 7:30 pm

Where: UMC - Please contact Mona for an appointment.

Appointments: mochoahorshok@gmail.com or Call/Text (205) 393-9029

Physicians have a higher frequency of drug abuse, burnout, affective disorders, and marital disharmony than other people of similar social standing. Suicide is more frequent among physicians, possibly because doctors are reluctant to acknowledge illness or difficulties. The faculty of CCHS recognizes the potential for emotional difficulties among trainees and the need for assistance. Physicians in training who are having difficulty may bring this to the attention of the Residency Director or their Advisor without fear of consequence or disapproval. Confidentiality is important. Trainees are encouraged to consult with the Psychiatry and Behavioral Medicine faculty in CCHS.

The College also provides trainees a wellness tracker tool at no charge. Interested trainees should consult Dr. John Burkhardt (jeburkhardt@ua.edu) for further details.

If there is interest in obtaining assistance outside the College, several professional resources are available. A brief directory of community resources is listed below:

The University of Alabama Employee Assistance Program (EAP)

The University of Alabama has contracted with American Behavioral to provide professionally trained counselors to provide options and resources for coping more effectively with a variety of life challenges.

[Uprise Health](#) is a full-service behavioral health care organization with a nationwide network of licensed and credentialed providers in 38 specialties. Eligible employees and dependents residing in Tuscaloosa, outside of Tuscaloosa, and even out-of-state have expanded access to highly qualified EAP counselors.

To locate an EAP Provider in your area, find out more information about how the EAP may help you, or to schedule an appointment, contact American Behavioral at (800) 925-5327.

Other Resources

Indian Rivers Community Mental Health Center: (205) 345-1600

UMC Psychiatry Department: (205) 348-1265

Alcoholics Anonymous: <https://westalaa.org/>

Alabama Professionals Health Program: (334) 954-2596

Administrative Practices

I. Trainee Agreement

The Trainee Agreement is issued prior to commencement of initial training, and only after Trainees have received acceptable results on [their pre-employment drug and alcohol screen](#), as well as satisfactorily completing any other pre-employment requirements as may be required by the Program, College, or University.

II. Human Resources

The University's Department of Human Resources is available for further information on matters of employment with the University. Trainees can contact the HR Service Center at

(205) 348-7732 or hsvctr@ua.edu. Trainees may also wish to visit UA HR's [Employee Resources page](#) for a helpful reference. Finally, trainees should review the [UA Employee Handbook and Policy Manual](#). A selection of the important items in the UA Employee Handbook are listed below, however trainees should review the entire document:

- Equal Opportunity, Non-Discrimination, and Affirmative Action
- Anti-Retaliation
- Affirmative Action Program
- Voluntary Reporting of Protected Veteran and/or Disability Status
- University Drug-Free Campus and Workplace and Other Alcohol Policies
- Commitment to Diversity
- Title IX and Sexual Misconduct Policy Compliance

III. Compliance

- HIPAA, Infection Control, and Confidentiality Agreement: CCHS requires mandatory training at the beginning of employment and annual renewal thereafter. Certification is documented via the trainee signing and submitting an acknowledgement form. These training courses and the acknowledgement form can be found on the CCHS Intranet site.
- UA Compliance Training: In order to meet state and federal requirements, as well as University of Alabama policy, University faculty, staff, and students may be required to take mandatory training on specific topics. Many of the mandatory compliance training topics must have the course or a refresher course completed on an annual basis. Refer to the [Compliance, Ethics, and Regulatory Affairs website](#) for an overview on [Compliance Training](#).
- Sexually Explicit Material: Pornographic material of any kind (videos, screen savers, posters, etc.) is prohibited in any portion of CCHS or other sites in which trainees are assigned.
- Working with Minors: Trainees' patient panels will include patients of all ages, including minor children. In addition, there is a possibility that trainees will work with shadow students. In order to protect trainees and minor children, all University training courses regarding child protection must be completed as required in a timely manner.

Further, trainees should be aware of the [University's Child Abuse Reporting Policy and Procedures](#), as well as the [College's Sensitive Physical Examination Policy](#).

- Other Compliance courses may be deemed mandatory and required to be completed by trainees as determined by CCHS and/or The University of Alabama. Timely completion is expected.

IV. Salary and Paychecks

- The University of Alabama pays residents a graduated salary, and follows the stated salary, subject to such withholdings as required by law or authorized by the trainee. The salary is specified in the trainee's Agreement. Trainees are paid in 12 equal monthly installments, by direct deposit, on the last business day of each month. Any questions concerning monthly paychecks should be directed to The University of Alabama Payroll Office at (205) 348-7732. While paid a salary, trainees are considered neither faculty nor staff of CCHS or The University of Alabama, but rather are generally classified by the University as post-doctoral graduate students with regard to athletic, social, and cultural events, use of university facilities, participation in university governance, parking privileges, and University services. (*Note: PGY-1 Residents receive 13 paychecks for 12 months and three weeks of training.*)
- Salaries are not intended as compensation for services rendered by the trainee. Although it is believed that an essential part of training includes assigned responsibilities for patient care, under the supervision of faculty physicians and consistent with their skills and experience, receipt of the agreed upon salary shall in no way be conditioned upon, measured by, or related to any patient care service rendered by the trainee incidental to the training program.
- Trainees should be aware that receiving direct patient care compensation is considered "moonlighting," which is subject not only to the rules of the program and the ACGME, but also to various federal laws stipulated by the Centers for Medicare and Medicaid Services (CMS).

V. Malpractice Coverage

For training duties, the University provides an occurrence-based malpractice policy through The University of Alabama at Birmingham Professional Liability Trust Fund. This policy covers the trainee during official duties. Moonlighting activities may not be covered under this policy. Trainees should refer to their program's Moonlighting Policy to understand the insurance ramifications of moonlighting.

VI. Leave

- To take leave, a trainee must have a properly prepared leave request with the approval signature of the Program Director or his/her designee.
- Trainees should refer to the [sponsoring institution's leave policy](#) as well as those guidelines set forth by their program.
- Family and Medical Leave Act: In accordance with the Family and Medical Leave (FML) Act of 1993, eligible trainees may take FML as described in the [University's Family Medical Leave Policy](#). Trainees should be aware that protracted FML absences may

affect time toward board eligibility and may postpone graduation date. Trainees should reference [UA HR's FMLA page](#).

- Administrative Leave: Trainees may be granted administrative leave for activities whereby they directly represent CCHS and their program (e.g., national and regional residency meetings, presentation of papers, residency fairs, etc.). Applications for administrative leave will be submitted and processed in the same manner as all leave requests and must be approved by the program director in advance. Approval of administrative leave is at the discretion of the program director.
- Holidays: The holidays typically provided by The University of Alabama include New Year's Day, Martin Luther King Jr. Day, Memorial Day, Independence Day, Juneteenth, Labor Day, Thanksgiving Day, the Friday after Thanksgiving, Christmas Eve Day, Christmas Day and New Year's Eve Day. University Medical Center is closed on these days and hospital services operate on weekend schedules. UMC is open during part of the Christmas/New Year's holidays. Trainees should not make vacation/holiday plans until their program establishes its holiday training schedule.
- Martin Luther King Jr. Day, Memorial Day, Independence Day, and Labor Day observe the following rules (see call schedule for details): Night Float Teams are off the night before the holiday and come in at 4:15 pm on the night of the holiday.

VII. Risk Management, Potential Litigation, and Safety Learning Reports

If a trainee receives communication from a lawyer, patient, or insurance company about possible litigation, the trainee should immediately inform the Program Director and DIO, **either in person or by telephone, and telephone** the UAB Director of Risk Management, Claire Black at (205) 934-5551. Ms. Black will instruct the trainee on who to notify and who to restrict communications with regarding a possible litigious situation to oral communications. **DO NOT address the specifics of any potential malpractice case in writing, email, text, or social media content.** Also inform the Program Director of the conversation with Ms. Black. As appropriate, the Program Director may ask the trainee to update the Chief of the service directly related to the potential case, but here again, do so via oral communication only. Ms. Black will be responsible for obtaining any documents she needs to review, as this allows her to protect certain confidential information and assists her in the discovery process. Trainees are not to gather any information unless specifically requested by her. No trainee should give any information personally or over the phone to an insurance carrier or lawyer other than our own without permission from Ms. Black.

Early recognition and full reporting of potential claims will often lead to clarification and resolution of patient dissatisfaction and prevention of litigation. When this process reveals a legitimate error, early resolution of the issue often prevents long, drawn out, costly, and emotionally wearing litigation.

Sensitivity to dissatisfaction on the part of the patient, his or her family, or “significant others” is an essential skill for successful practice. Clear communication with patients and families, coupled with that sensitivity, is the best protection against professional liability claims.

Safety Learning (incident) Reporting is an opportunity to document instances where patients or families even hint that they are dissatisfied or that they are considering seeking legal advice. Submission of such reports will not be construed as evidence of poor performance on the part of the trainee, but rather that the trainee is sensitive and aware of patient and family attitudes that are not favorable to the doctor-patient relationship.

VIII. Immunizations

- Hepatitis Immunization – Since trainees are among the high-risk group for hepatitis B, they will be screened for susceptibility if they have not been screened previously. All individuals found to be susceptible will be notified and required to obtain hepatitis immunization. Capstone Health Services Foundation will pay for the immunization.
- TB Testing – Trainees will receive a free PPD test during orientation and thereafter as needed for rotations.
- Varicella Testing – All trainees who have not had chickenpox will receive two doses of varicella vaccine (VARIVAX).
- MMR – All trainees are required to have two doses of measles/mumps/rubella (MMR) vaccine since their first birthday. Trainees who are unsure of their immunization will receive MMR.
- N95 Mask Fitting – All trainees will be required to be fitted for an N95 mask annually.
- Flu Shot – Trainees will receive free yearly flu shots. Those who choose not to have a flu shot will be required to wear a mask in the clinic areas throughout flu season in keeping with University Medical Center policy.

IX. Accommodation for Disabilities

Trainees should reference the [University’s ADA page](#) for more information on reasonable accommodations to qualified individuals with disabilities and/or disabled veterans.

X. Workplace Relationships

The University of Alabama has a [Consensual Romantic Relationships Policy](#) that applies to trainees.

The Policy states, in part: “Employees shall not engage in consensual romantic or sexual relationships with any student or employee over whom they exercise any academic, administrative, supervisory, evaluative, counseling, advisory, or extracurricular authority or

influence. This prohibition includes employees engaging in consensual romantic or sexual relationships with other employees when one party to the relationship is an individual who supervises, evaluates, makes assignments for, or grades the other party (i.e., “supervisor/subordinate relationship”). Likewise, employees who have the authority to influence aid, benefits, or services provided to a student may not engage in consensual romantic or sexual relationships with a student seeking such aid, benefits, or services. Similarly, employees who have the authority to influence the academic progress of a student may not engage in consensual romantic or sexual relationships with that student.”

Trainees are encouraged to view the policy online to review full contents and access latest version.

XI. Benefits

A. The College of Community Health Sciences (CCHS) and the Capstone Health Services Foundation (CHSF) will provide trainees with the following:

- Alabama Controlled Substance Certification fees
- Alabama Medical Licensure Commission fees
- Alabama State Board of Medical Examiner fees
- Copays are waived for services provided at University Medical Center for you and your dependents who are on UA’s BlueCross/Blue Shield Health Insurance plan. Trainee is responsible for any applicable deductibles and non-covered services.
- DCH Regional Medical Center Meal Stipend
- Federal Drug Enforcement Agency (DEA) license
- Lab Coats (2)
- Occurrence Malpractice Insurance
- Parking permit codes to DCH parking lot
- Portable disability insurance (with buy-up plans available at extra cost to the trainee)
- University of Alabama Business Cards
- University of Alabama Parking Pass, reimbursed to trainee
- University of Alabama Staff ACT card

Individual programs may have additional benefits; see program information.

If a trainee receives a bill or statement from any of the above, they should promptly submit it to their program coordinator for reimbursement.

- B. The University of Alabama offers an array of benefits for the trainees, about which details may be found on the [UA Benefits website](#). UA has also provided a [Benefits Summary Guide](#).

Some employee benefits require timely action by trainees, to include health insurance and retirement plan options. Trainees are responsible for completing the online benefit enrollment process within the first **30** days of employment. Failure to do so will result in ineligibility status until the official open enrollment period begins.

XII. Equal Opportunity, Non-Discrimination, and Affirmative Action

The University of Alabama (UA) is committed to compliance with all applicable laws regarding the concept and practice of equal opportunity, non-discrimination (including anti-retaliation and reasonable accommodation) and affirmative action in all aspects of employment practice. Trainees should review the University's [Equal Opportunity, Non-Discrimination, and Affirmative Action Policy Statement](#).

Severe Weather Guidelines

One of the methods The University of Alabama uses for emergency notification is UA Alerts. In an emergency, University Relations will activate the system, sending telephone calls (work, cell, and/or home), e-mail, and text (SMS) messages simultaneously to the campus community. [Find more information about UA Alerts.](#)

[Users are able to update their personal information using their myBama portal.](#)

If a trainee feels unsafe to travel due to weather, they should contact and discuss with their supervisor and/or program leadership prior to travel.

Trainees should be aware that tornadoes can be a threat in Alabama. The UA Alerts system will notify trainees of threatening weather for the UA Campus. Tornado shelters are located at several locations across campus. *Tornado watch* refers to weather conditions which are favorable for tornado formation. *Tornado warning* refers to a confirmed tornado in the area.

Programs may have program specific severe weather practices. Trainees should reference the program section of this handbook.

Program Information

Introduction

I. History of The University of Alabama – Tuscaloosa Family Medicine Residency

In the late 1960s, a public outcry arose in response to the country's acute need for more physicians. In response to that demand, the College of Community Health Sciences was established at The University of Alabama. Many areas of Alabama, particularly small towns and rural communities suffered from a serious lack of health care. The distribution of doctors was not the only reason for the physician shortage. Many of the new doctors being trained were choosing various specialties and subspecialties of medicine and were choosing to practice them in the more urban areas of the State.

With a mandate from the State Legislature to improve health care in Alabama, the College, founded in 1972, looked to family medicine to achieve its goals. What was needed were doctors trained in family medicine – general practitioners who would practice in Alabama, including the State's small towns and rural communities, and who were equipped to treat the myriad of medical problems found there. The College's University of Alabama – Tuscaloosa Family Medicine Residency Program was started in 1974, and the first class of residents graduated in 1977. Today, one in seven family medicine physicians practicing in Alabama graduated from our program.

The University of Alabama – Tuscaloosa Family Medicine Residency Program prepares physicians to provide exceptional care in family medicine. The curriculum emphasizes community-based continuity of care and leads to board certification in family medicine. It is an unopposed residency and the only one with a full-time presence at the 620-bed DCH Regional Medical Center in Tuscaloosa, which is the referral hospital for West Alabama. Our program is a university-based program with a large full-time faculty assisted by local physician volunteers, and residents typically test in the top 20 percent of the country.

In recent years, CCHS has developed fellowships through UATFMR to enhance the education of family medicine physicians. The College offers fellowships in sports medicine, hospital medicine, geriatric medicine, obstetrics, emergency medicine, pediatrics, and rural public psychiatry.

In 2012, the program increased the number of residents it accepts each year from 12 to 15, and in 2015, the residency started another growth transition to a 16-16-16 program resulting in a total of 48 residents as of July 2017. The rationale for this growth in the program is to allow the College to further meet the expanding needs in Alabama's rural communities.

To date, UATFMR has placed more than 550 physicians into practice in 30 states, including Alabama, Arkansas, Florida, Georgia, Louisiana, Mississippi, Tennessee, North Carolina, South Carolina, Oklahoma, Texas, and Virginia.

More than half of the program's graduates are practicing in Alabama and the majority of those are practicing in rural and underserved communities and Health Professional Shortage Areas.

II. College of Community Health Sciences (CCHS) and University Medical Center (UMC)

- College of Community Health Sciences (CCHS) operates UMC (main), UMC-Northport (UMC-NP), UMC-Demopolis, UMC-Carrolton, UMC-Fayette, and UMC-Livingston. UMC (main), located on the main campus of The University of Alabama is a large multi-specialty clinic serving the West Alabama region. Acting as a teaching facility for a variety of allied health fields, UMC (main) primarily serves as a training site for medical students and our family medicine residents.
- Two of our clinical sites serve as ACGME accredited continuity clinics, UMC (main) and UMC-Northport.
- All four of our clinics operate under a common set of UMC-wide policies and procedures and fall under the oversight of CCHS leadership personnel.

III. Faculty

CCHS has approximately 90 faculty members in the following departments:

- Community and Rural Medicine
- Family, Internal, and Rural Medicine
- OBGYN
- Pediatrics
- Psychiatry and Behavioral Medicine
- Surgery

Program Aims & Goals

I. Program Aims

- Shaping globally capable, locally relevant, and culturally competent physicians through learner-centered, innovative, community-based programs across the continuum of medical education.
- Addressing the physician workforce needs of Alabama and the Southeast region by being the standard of excellence in family medicine residency education.
- Engaging communities as partners, particularly in rural and underserved areas, in efforts that improve the health of the people of Alabama.
- Providing high quality, patient-centered, and accessible clinical services delivered by health care professionals of all disciplines.
- Being a leader in health equity and outcomes research by producing innovative, community-oriented research and scholarship focusing on improving population health.
- Fostering a diverse, equitable, and inclusive environment where everyone's contributions are valued.

- Maintaining a culture of resident well-being and professional success of all residents, faculty, and staff by providing the resources necessary to grow personally and professionally.

II. Overview of Residency's Goals

ACGME Competencies

The residency program implements the family medicine milestones project and provides residents with biannual feedback regarding their progression in the six ACGME competencies. Toward this end, the residency will define the specific *knowledge*, *skills*, and *attitudes* required and provide educational experiences as needed in order for residents to demonstrate:

- A. **Patient Care** that is compassionate, appropriate, and effective for the treatment of health problems and the promotion of health.
 - Care of the Acutely Ill Patient
 - Care of Patients with Chronic Illness
 - Health Promotion and Wellness
 - Ongoing Care of Patients with Undifferentiated Signs, Symptoms, or Health Concerns
 - Management of Procedural Care

- B. **Medical Knowledge** about established and evolving biomedical, clinical, and cognate (e.g., epidemiological, and social-behavioral) sciences and the application of this knowledge to patient care.
 - Demonstrates Medical Knowledge of Sufficient Breadth and Depth to Practice Family Medicine
 - Demonstrates appropriate Critical Thinking and Decision-Making Capabilities

- C. **System-Based Practice**, as manifested by actions that demonstrate an awareness of and responsiveness to the larger context and system of health care and the ability to effectively call on system resources to provide care that is of optimal value. Residents are expected to demonstrate competency in:
 - Patient Safety and Quality Improvement
 - System Navigation for Patient-Centered Care
 - Physician Role in Health Care Systems
 - Advocacy

- D. **Practice-Based Learning and Improvement** that involves investigation and evaluation of patient care, appraisal, and assimilation of scientific evidence, and improvements in patient care. Residents are expected to develop skills and habits to demonstrate competency in:

- Evidence-Based and Informed Practice
- Reflective Practice and Commitment to Personal Growth

E. Professionalism, as manifested through a commitment to carrying out professional responsibilities and an adherence to ethical principles, with expected demonstration of:

- Professional Behavior and Ethical Principles
- Accountability/Conscientiousness
- Self-Awareness and Help-Seeking Behaviors

F. Interpersonal and Communication Skills that result in effective information exchange and teaming with patients, their families, and other health professionals.

Residents are expected to demonstrate competency in:

- Patient- and Family-Centered Communication
- Interprofessional and Team Communication
- Communication within Health Care Systems

Lines of Authority, Administrative Structure, and Accreditation

I. Lines of Authority/Hierarchy

The University of Alabama – Tuscaloosa Family Medicine Residency Program (UATFMR)

RESIDENCY LEADERSHIP

Dr. Tamer Elsayed, Family Medicine Residency Director and Interim Chair, Family, Internal, and Rural Medicine Department

Dr. John E. Burkhardt, Assistant Residency Director for Behavioral Science

Dr. Louanne Friend, Assistant Residency Director for Research and Quality Improvement

Dr. Anne D. Halli-Tierney, Assistant Residency Director for CLER Pathways of Excellence

Dr. Russ Guin, Assistant Residency Director for Patient Safety, OSCEs and Community Preceptor Engagement

Dr. Jackie Luker, Assistant Residency Director for Professionalism

Alison Adams, Residency Program Coordinator

Genia Condra, Residency Program Coordinator

Jeremy Cole, Residency Program Assistant

II. Administrative Structure

Program Director: Dr. Tamer Elsayed is the residency director with authority and accountability for the overall program, including compliance with all applicable program requirements.

The Residency Director has responsibility, authority, and accountability for administration and operations; teaching and scholarly activity; resident recruitment and selection; evaluation and

promotion of residents, and disciplinary action; supervision of residents; and resident education in the context of patient care.

The Graduate Medical Education Committee (GMEC) is the residency oversight committee. It is chaired by the Residency Director with voting members including the DIO, Residency Director, accredited fellowship directors, peer-selected residents and fellows, a Patient Safety/Quality Improvement Officer or designee, and a representative from the Major Participating Site (DCH Regional Medical Center).

The Program Evaluation Committee (PEC) is responsible for educational changes that may affect the program. It is chaired by the Residency Director, with members including a faculty member from each major discipline contained within the curriculum, and resident representatives. The PEC is responsible for the Annual Program Evaluation (APE) and 10-year Self-Study.

DCH Regional Medical Center is the major participating hospital that receives Graduate Medical Education funding from CMS (i.e., Medicare). These funds are partially passed on to CCHS for resident salary and benefits.

III. Accreditation

The Accreditation Council for Graduate Medical Education (ACGME) is the accrediting institution for Allopathic and Osteopathic residency programs in the United States. UATFMR is fully accredited by the ACGME and complies with the rules and regulations required at an institutional level by the ACGME, as well as the specialty-specific requirements of its Review Committee for Family Medicine residencies. The Institutional Requirements, Common Program Requirements, and Family Medicine Program Requirements can be found on the [ACGME website](#).

The American Board of Family Medicine (ABFM) maintains its own set of requirements that must be followed in order for a resident to be eligible for obtaining board certification, including policies relating to continuity of care and leave of absence from Residency. Our internal requirements are also written to comply with the ABFM requirements, which can be found on the [ABFM website](#). In addition, the ABFM administers the in-training exam (ITE) every fall; previous in-training exams can be accessed on its website. The in-training exam is an excellent predictor of initial certification exam passage.

The Alabama State Board of Medical Examiners (ALBME) and the Medical Licensure Commission of Alabama are the state agencies that regulate the issuance of all licenses to practice medicine or osteopathy in the state of Alabama. More information about their rules and regulations can be found on the [ALBME website](#).

For further information, contact us at (205) 348-1373 or uafmr@ua.edu.

Program Specific Policies

As previously stated, the Sponsoring Institution (SI) has an official Policy and Procedure Manual consistent with ACGME requirements. UATFMR has adopted the SI policies, however, the procedures to accomplish these policies are tailored to fit the residency program. In addition, there are some specific residency policies, procedures and practices which are applicable to the residency program.

The SI Policy Manual is maintained online and accessible via the CCHS Intranet. At any time, you may request a copy of a policy from the Residency Office, however, it is the resident's responsibility to ensure the paper copy is the same updated policy that is online. The online version is considered the official policy.

Family Medicine Residency Policies – These are policies that apply to UATFMR residents in addition to the Sponsoring Institution Policies.

1. Clinical and Educational Work Hours Policy
2. Moonlighting
3. Professionalism
4. Supervision and Accountability Policy
5. Transitions of Care
6. Well-Being, Fatigue Mitigation and Monitoring
7. Communications

Program Specific Practices

I. Clinical Practice

A. General Supervision (see also Supervision Guidelines from the [Policies and Procedures page](#))

The resident must not independently perform procedures or treatments, or management plans that he/she is unauthorized to perform or lacks the skill and training to perform.

The resident is responsible for communicating to the attending physician any significant issues regarding patient care.

B. Communications

1. Pagers, Cell Phones and Email

Professional and responsible behavior is expected of all residents. The Residency Office, clinic personnel, the answering service, and your rotation team members need to be able to reach you at any time, unless you are on approved leave. Our

primary means of contact will be through your pager, designated team cell phones, personal cell phone and/or email.

See the Residency Communication Policy for more details.

2. Faculty-Resident Communications, Feedback

- Feedback is provided during rotations along with an evaluation completed at the end of the rotation by the attending physician(s).
- Each resident is assigned an advisor to mentor them with their educational goals.
- Residents will receive semiannual formative feedback from the Clinical Competency Committee (CCC) regarding their performance and progression according to the Family Medicine Milestones project.

C. Outpatient Clinical Duties

1. Overview

Residents’ patient panels in continuity clinic are assigned for the duration of training. The panel will increase over the three years in keeping with the increased time spent in the Family Medical Practice site (located either within UMC or an external UMC clinic approved as a continuity clinic site by the ACGME). The initial panel is composed of patients from graduating residents’ panels, patients new to UMC, and patients on follow-up from our emergency department or inpatient academic services. A resident may add family members of patients who are currently assigned to their panel at any time by notifying clinic nursing supervisor.

Expected average continuity clinic schedule for residents per PGY level:

PGY-1	PGY-2	PGY-3
1-2 clinics per week	3-4 clinics per week	4-5 clinics per week

**Subject to change based on patient and clinic needs*

2. University Medical Center and UMC-Northport:

a. General Practices Regarding Resident Continuity Practice at all UMC locations:

- i. Clinic schedules are determined by the assigned rotation, prepared by the Residency Office, and typically available five to six months in advance.
- ii. Residents are expected to be at clinic 15 minutes before clinic to allow for huddles with medical staff. If late for a scheduled clinic, the Residency Office and suite charge nurse must be notified via email and telephone so patient can be rescheduled or seen by another

physician. Residents are expected to remain in clinic until the end of assigned clinic i.e., until 12:00pm for AM clinic and until 5:00pm for PM clinic.

- iii. Clinic cancellation requests (for annual leave) must be received by the Residency Office via email or in writing 90 days in advance. Same-day cancellations may only occur due to emergency situations, such as acute illness, and must be done with a personal call to the charge nurse as well as the Residency Office. In case of cancellation due to sick leave, a backup resident will be called in to cover in clinic. Patients will be seen by the backup resident.
- iv. Residents are responsible for completing and signing patient paperwork in the resident folder by the end of the business week.
- v. Residents are responsible for completing and signing off all EMR PAQ by the end of the business week. Urgent items should be addressed within 1 business day.
- vi. Residents are to monitor their EMR task box daily and respond to patient requests and staff messages within 1 business day.
- vii. Residents are expected to accommodate same day or work-in appointments for UMC patients if they have capacity in their schedules.
- viii. Late patients will be seen the same day by the PCP if the schedule permits or by another resident assigned to clinic that day.
- ix. The residency office encourages residents to complete all patient charts the day of the visit and before leaving clinic.
- x. Residents are not permitted to care for or write prescriptions for their own family.
- xi. CCHS faculty, nursing, administrative staff, and other residents will not have a resident as their primary care provider.

b. Precepting Patients in Clinic

- i. PGY-1 residents must consult with the attending about each patient. An attending must examine **EVERY** patient during the first six months of PGY-1.
- ii. During the second six months of PGY-1, residents continue to check-out **EVERY** patient encounter to an attending physician.
- iii. Residents will have an attending available for supervision during continuity clinic.
- iv. With Medicare, Tricare, Federal BCBS insurances and any federal sponsored insurance, residents are required to consult with an attending who **MUST** see the patient.

- v. Residents are required to check out at least **one to two** patients per clinic session to an attending.
- vi. Residents are required to complete a clinic evaluation with the attending at the end of each clinic session.
- vii. Medicare telemedicine visits must be presented to the attending physician at the time of the visit and attending must directly interact with the patient. Other telemedicine visits must be presented to the attending physician on the day of the visit.
- viii. Residents are expected to be present in clinic for regular business hours when assigned to clinic and may not leave clinic before all patients are seen.

c. Release of Protected Health Information (PHI)

i. General Expectations and the Electronic Medical Record (EMR)

There is remote 24-hour availability of the electronic medical records systems (UMC/DCH) by computer. Residents are expected to comply with all UMC and DCH policies and procedures regarding the Electronic Medical Records System.

ii. Faxing/Receiving Confidential Patient Medical Records

- Facsimile transmission of health information should occur only when the original record or mail-delivered copies will not meet the needs of immediate patient care. Health records should be transmitted via facsimile only when: (1) needed for patient care; or (2) required by a third-party payer for ongoing certification of payment for a hospitalized patient. The information transmitted should be limited to that necessary to meet the requestor's needs.
- The Medical Records Department should make routine disclosure of information to insurance companies, attorneys, or other legitimate users through regular mail or fax.
- **Except as required or permitted by law, a properly completed and signed authorization should be obtained prior to the release of patient information. An authorization transmitted via facsimile is acceptable.**
- Consult the Medical Records Department to assist with all release of information requests. Any releases of information should be charted in the patient's medical record on PHI.

Each fax machine should have someone monitoring incoming documents. This individual should remove incoming documents immediately, examine them to assure receipt of all pages in a legible format, and send them in accordance with their instructions. Faxed documents will be scanned into the EMR by the staff of the Medical Records department. All actions will be in accordance with HIPAA regulation:

- Faxes should be sent/received using fax machines in a secure, limited area.
- Fax requests from unfamiliar sources should always be verified.
- Highly sensitive health information will not be faxed.
- Psychotherapy notes will never be faxed.

A printed confirmation record should be used to confirm that the fax was delivered to the correct number.

iii. Expectations of Preceptors in the Family Medicine Clinic

- All attending faculty must personally see all Medicare patients, Tricare, Federal BCBS patients and any patient who has a federally sponsored health care insurance.
- All attending faculty must be present for all key portions of a procedure regardless of insurance to be able to bill appropriately.

iv. Incomplete Charts

- Incomplete charts are defined as any clinic visit or procedure note not completed within 72 hours of the encounter.
- The Residency Office will inform residents of charts that have been incomplete for more than 48 hours.
- Residents will have 24 hours to complete all charts after receiving these notifications.
- Residents will receive daily notification of incomplete charts to their task box within the EMR.
- If the resident has not completed the charts by 8:00 am of the next business day following notification from the residency office, the resident may be pulled off their rotation and meet with the Program Director to discuss disciplinary action.

Timely completion of patient records is good patient care and required professional behavior for a practicing physician.

Additionally, resident chart documentation is necessary before the attending can complete their documentation. Attendings are required to complete chart documentation within 10 days of the encounter otherwise, they are subject to a financial penalty. See also the [Chart Completion and Authentication Policy](#).

d. Charges

i. Patient Charges and Discounts

At UMC, professional physician charges are competitive with those of local physicians. Residents should document the visits. Attendings will submit charges for billing. Residents shall be responsible for coordinating any questions or concerns about charges to patients. Specific policies are outlined below.

ii. [Uninsured/Underinsured Policy](#)

Indigent or uninsured patients should be referred to Social Services at (205) 348-7195.

e. Other Clinical Procedures

i. Medical Transportation

Patients requiring transfer to DCH for emergency care or admission will be presented to an attending and will not be transported to DCH without attending authorization. All transportation to DCH or Northport ED must be done by EMS, unless the patient chooses to go by private vehicle. Residents and staff are not permitted to transfer patients to the ED with their private vehicles.

ii. Transfer of Patients

All patients who request a change in their assigned physician should be referred to the nursing supervisor or Clinic Director.

iii. Dismissal of Patients

- UMC has a specific policy on the dismissal of patients. Residents may request that a physician-patient relationship be terminated. Residents must receive dismissal approval from an attending, who must review the patient's chart, ensuring compliance with the dismissal policy. There should be no omissions in the standard of care and no indiscreet remarks made in or removed from the chart. The attending will then initiate dismissal procedures as outlined in the policy and forward the request to the Chief Medical officer. Patients have 30 days from the date on the dismissal letter to find a new physician. If urgent medical care or prescription refills

are needed during this period, the resident on call must see the patient, if the patient so desires.

- Immediate Dismissal for patients will be considered for those patients who are threatening or who pose threat to UMC clinical staff, residents, or physicians. In these cases, medical staff are encouraged to call UAPD immediately.

iv. Referrals

When a patient is referred to another physician in or out of UMC, the resident must complete a referral within the EMR. The “Plan” section of the chart note should reflect why the patient is being referred. Referral should be tasked to the appropriate unit referral coordinator. **It is customary to refer primarily to physicians who are involved in the teaching of residents.**

v. Sensitive Physical Examination Process

A chaperone must be present and noted by name in the EHR for all sensitive examinations and for a minor’s exam. A chaperone may assist the provider with the examination. Please refer to policy for full details of the policy.

vi. Home Visits

Home visits **are required** for all residents. These visits are appropriate for all debilitated or home-bound patients, or any patient being followed by a home health or hospice agency. Residents must perform and log a minimum of 2 home visits. An attending must be present with the resident in order to bill for the services rendered in the home.

vii. Nursing Home Visits

Residents are assigned two to three nursing home patients at the beginning of PGY-2. Residents will provide primary care to patients with indirect supervision during the PGY-2 and PGY-3 years. Residents are expected to visit nursing home patients monthly and must complete a total of 48 nursing home visits. Residents may see nursing home patients independently; however, an attending must be present with the resident in order to bill for the services rendered in the nursing home.

Minimum Required Nursing Home Visits per PGY

PGY-2	Must have performed and logged 12 nursing home visits by December 15th
PGY-2	Must have performed and logged 24 nursing home visits by June 15th
PGY-3	Must have performed and logged 36 nursing home visits by December 15th
PGY-3	Must have performed and logged 48 nursing home visits by June 15th

II. Educational Practices

A. Professionalism

The ACGME has identified professionalism as a core competency that is vital to the clinical practice of medicine and resident development. The Professionalism Policy must be signed and submitted to the Residency Office.

“Windfall” and Professionalism

Occasionally, there will be rotations where the preceptor is absent or releases the resident to leave early. The preceptor being absent does not excuse the resident for the day. When this occurs, it is the resident's duty to immediately notify the Residency Office to be assigned other duties. The resident is expected to be reachable by pager or cell phone during the workday, unless they have notified the Residency Office that they will be taking leave.

B. Curriculum Overview

The academic year consists of 8 blocks. Each block is 6 weeks (may be divided into 3 weeks increments). In addition to the 8 blocks, a separate schedule will be created for Thanksgiving week, Christmas week, New Year’s week, and spring break week.

PGY-1

Call Rotations

FM Inpatient – 2.5 Blocks (15 weeks)

Medicine Night Float – 0.5 Block (3 weeks)

Inpatient OB/GYN – 1 Block (6 weeks)

OB Night Float – 0.5 Block (3 weeks)

Inpatient Peds – 0.5 Block (3 weeks)

Ambulatory Peds – 1 Block (6 weeks)

Non-Call Rotations

EKG/Vent – 0.5 Block (3 weeks)

Surgery – 0.5 Block (3 weeks)

Geriatrics – 1 Block (6 weeks)

PGY-2 and PGY-3

Call Rotations

FM Inpatient – 3 Blocks (18 weeks)

Medicine Night Float – 1 Block (6 weeks)

Inpatient OB/GYN – 0.5 Block (3 weeks)

GYN Clinic – 0.5 Block (3 weeks)

OB Night Float – 0.5 Block (3 weeks)

Ambulatory Peds – 0.5 Block (3 weeks)

Inpatient Pediatrics – 0.5 Block (3 weeks)

Pediatric Night Float – 0.5 Block (3 weeks)

Non-Call Rotations

Emergency Medicine – Two 0.5 blocks (3 weeks) 1 in PGY-2 and 1 in PGY-3

Orthopedics – 0.5 Block (3 weeks)

Psychiatry – 0.5 Block (3 weeks)

Rural Medicine – 0.5 Block (3 weeks) at UMC-Demopolis.

Rural Medicine – 0.5 Block (3 weeks) at Pickens County Primary Care

Neurology/Cardiology – 0.5 Block (3 weeks)

ENT/Urology/Ophthalmology (Surgical Subspecialties) – 0.5 Block (3 weeks)

Sports Medicine – 0.5 Block (3 weeks)

Practice Management/Community Medicine – 0.5 Block (3 weeks)

Electives – 4 Blocks (24 weeks) Split between PGY-2 and PGY-3

1. Rotations

a. Scheduling Rotations

The resident curriculum is 36 months. The Residency Office prepares a master schedule each academic year that is approved by the Residency Director. This schedule is subject to change by the Residency Director, Associate Director, Assistant Director, and/or Coordinators and approved by Residency Director. **Any rotation change requests should be submitted 180 days in advance to the Residency Office for consideration.**

b. Elective/Subspecialty Rotations

Before starting an elective or subspecialty rotation, residents are required to contact the preceptor **SIX** months prior to the start date of the rotation to inquire about any requirements for the rotation. Elective choice must be communicated to the residency office **SIX** months in advance.

c. Starting Dates

Rotations, with the exception of Night Float, begin on the first day of the block. Night Float begins at 4:15 pm the night before the first day of the block. The Master Schedule and Block Dates for the year will be provided to the residents before July 1st of each academic year.

d. Incomplete Rotations

- i.** It is expected that rotations, including electives, will be completed in a satisfactory manner, including adequate attendance (minimal attendance requirement of 75% business days).
- ii.** Any rotation with less than 75% business days attended is incomplete. For incomplete rotations, residents will be required to complete rotation requirements before being given a passing grade or residents will be given an incomplete grade and will be required to repeat the rotation. This may lead to an extension of residency training to complete requirements.
- iii.** Rotation requirements must be completed within 30 days of the end of the rotation or resident will receive a grade of incomplete and may be required to repeat the rotation.

e. Passing Rotations

Residents must receive a passing recommendation by the Residency Director, Department Chair, or preceptor to pass a rotation. In addition, PGY-1 residents must receive a recommendation of “Ready to be an Upper Level” before being promoted to PGY-2. The Clinical Competency Committee will provide their recommendation to the Residency Director, who will review all evaluations and milestones to make a final determination.

f. Away Rotations

Any interest expressed by a resident for an away rotation must be discussed with the Residency Director Six (6) months in advance.

i. Rural Rotation

All residents are required to complete one 6-week rural rotation. The rural rotations for UATFMR consists of 3 weeks at UMC-Demopolis and 3 weeks with Dr. Julia Boothe at Pickens County Primary Care in Reform, Alabama. The resident will be required to return to a University Medical Center FMP site for one or more days of clinic a week to maintain continuity of patient care. Occasionally, the Alabama Family Practice Rural Health Board provides a stipend to help defray the costs associated with rural site travel. This stipend is dependent upon the favor of the state legislature and is not guaranteed. If a resident wishes to complete a rural elective, they may select a site from one of the approved teaching sites.

ii. Supervised Practice Experience (SPE)

Residents may choose to complete an (SPE) in a physician practice with prior approval of the Residency Director. The following criteria will be used to evaluate the acceptability of the proposed rotation:

- The resident will apply for an SPE a minimum of six months prior to the anticipated rotation. During this period, CCHS must determine the suitability and qualifications of the SPE preceptor and ensure the environment meets ACGME regulations.
- After obtaining the necessary internal approvals, the Residency Office will obtain a Program Letter of Agreement from the SPE preceptor. The Residency Office may ask the resident to assist in this process.
- There must be a justifiable educational value for this experience.
- The SPE preceptor should have appropriate experience in medical education.
- The SPE preceptor agrees to evaluate the resident's activity and performance.
- The resident must be supervised during the rotation.
- CCHS will not provide money for travel, lodging, or meals.
- There can be no conflict with the resident's duties with UATFMR. The resident must not have delinquent or incomplete dictations or charts at DCH Regional Medical Center or University Medical Center. The resident must have

seen an adequate number of patients per ACGME requirements and be on track to meet volume requirements for graduation, so leave can be granted for the away rotation.

- The SPE preceptor should be Board Certified in Family Medicine, unless previously discussed with the Residency Director.

iii. **Rural Rotation**

All residents are required to complete one 6-week rural rotation. The rural rotations for UATFMR consists of 3 weeks at UMC-Demopolis and 3 weeks with Dr. Julia Boothe at Pickens County Primary Care in Reform, Alabama. The resident will be required to return to a University Medical Center FMP site for one or more days of clinic a week to maintain continuity of patient care. Occasionally, the Alabama Family Practice Rural Health Board provides a stipend to help defray the costs associated with rural site travel. This stipend is dependent upon the favor of the state legislature and is not guaranteed. If a resident wishes to complete a rural elective, they may select a site from one of the approved teaching sites.

iv. **Elective International Rotation (EIR):**

International humanitarian experiences are allowed during PGY-2 and PGY-3. It is possible to receive academic (residency) credit for these experiences provided AAFP and RRC guidelines are met. An EIR must be supervised by a board-certified preceptor from a U.S. training program. (Exemption may only be provided by the Residency Director.) A resident must apply for an EIR a minimum of SIX months prior to the anticipated rotation. To complete the application, a proposal (see first bullet below) and leave request indicating international travel must be submitted in writing to the Residency Director. It is important to obtain Residency Director, CCHS, and University approval for the international rotation and travel before incurring travel-related expenses. If approval is not granted, the resident is at risk for any expenses incurred. During this period, CCHS must determine the suitability and qualifications of the EIR preceptor and ensure the environment meets ACGME regulations.

Humanitarian trips/rotations may be considered for reimbursement up to \$1,500 subject to availability of funding.

This benefit is available ONCE during residency. To qualify for this benefit, the following must be done:

- A two to three-page proposal for the experience must be written and submitted to the Residency Director prior to the EIR.
- A summary of the experience must be written and submitted to the Residency Director after the EIR.

If granted permission for reimbursement, UA travel guidelines must be followed. All expenditures must have receipts and supporting documentation. Typically, the maximum reimbursement allowed is \$250 per night for hotel accommodations and \$45 per day for meals. Please refer to [UA's travel policy](#) for the most up-to-date rules for reimbursement.

Supervised Practice Experience (SPE) and Elective International Rotation (EIR) may be suspended without notice at the discretion of the Residency Director due to safety issues, pandemic or local circumstances that may affect the program's accomplishment of its educational and patient care mission.

2. Conferences and Scholarly Activity

a. Academic Afternoon and other Academic Conferences

Academic Afternoon held every Tuesday afternoon, and didactics are a required part of the curriculum. ATTENDANCE is MANDATORY and is tied to PGY promotion level and successful completion of the training program (See Promotion, Renewal, and Dismissal Policy in Section II of this handbook).

Resident attendance is required unless: 1) approved leave has been granted; 2) duty hours prohibit such involvement; 3) the resident is on an "away" rotation that does not include University Medical Center continuity clinic; 4) the resident is covering hospital/clinic/administrative duties as approved by residency director, which includes residents on night float. Academic Afternoon should not be used for personal activities without having approved leave.

Other conferences, such as Academic Conferences, Grand Rounds, Morbidity and Mortality Conference, Journal Clubs, Emergency Medicine Series, Outpatient Teaching Series, and Special Emphasis Week, may be

scheduled at various times throughout the year. The attendance policy for these lectures is the same as above.

In cases of ANY unapproved absences, the resident will be required to meet with the Residency Director and/or other residency directors regarding the absence and is subject to disciplinary action. Unexcused absence is considered a serious lapse in professionalism and will be deducted from the resident annual leave balance.

Attendance and participation at Academic Afternoons, Grand Rounds, Outpatient Teaching Series, Emergency Medicine Series, etc. (list not all inclusive) plays a vital role in resident learning and professional development as a physician. Attendance logs will be maintained by the Residency Office. It is the resident's responsibility to confirm their attendance has been documented. Extenuating circumstances must be approved by the Residency Director.

Professional behavior during Academic Afternoon is expected and includes being respectful of the lecturer regardless of discipline or college affiliation. Cell phones, laptops, and pagers should be set to silent during this time. Laptop use is not permitted during academic lectures.

The purpose of Academic Afternoon is for growth and professional development and is not intended as a time to complete unfinished work tasks. Use of laptops and/or cell phones is prohibited during lectures unless used for viewing lecture material and approved by the Academic Afternoon attending.

Once a month (at least quarterly), a special-called meeting (Forum) of all residents and fellows within CCHS will be held during Academic Afternoon. The DIO, faculty members, and other administrators should be absent from the Forum, unless invited by Residents/Fellows. This Forum is consistent with ACGME requirements to ensure the availability of an opportunity for Residents and Fellows within and across the Sponsoring Institution's graduate medical education programs to communicate and exchange information with each other relevant to their programs and their learning and working environment. At the Forum:

- Any Resident/Fellow must have the opportunity to raise a concern.

- Residents/Fellows must have the option, at least in part, to conduct their Forum with the Program Director, DIO, faculty members, or other administrators present; and
- Residents/Fellows must have the option to present concerns that arise from discussions at the Forum to the Residency Director, or directly to the DIO and GMEC through their GMEC representative.

Residents and Fellows are represented by peer-selected representatives on GMEC. These representatives have the responsibility to communicate with the GMEC Chair or DIO to 1) invite to a Forum meeting or 2) present the collective concerns or issues raised at the Forum that require the attention of the DIO and/or GMEC.

b. Behavioral Medicine Presentations

i. Biopsychosocial Case Formulation Seminar (R-1 Presentation)

Interns will be required to attend monthly Case Formulation Seminars. The seminars will follow one of several formats:

- Intern(s) will be scheduled to present one of their patients using the biopsychosocial conceptualization model found in the Psychiatry Family Medicine Curriculum Handbook. Interns, and psychiatry and behavioral medicine faculty along with family medicine faculty will assist the presenting interns by asking questions and providing suggestions; or
- Interns will participate in a Balint-type group with Dr. Thad Ulzen and Dr. John Burkhardt or other Psychiatry and Behavioral Medicine Faculty as group leaders.

ii. Family Medicine and Behavioral Medicine Grand Rounds

Family Medicine and Behavioral Medicine Grand Rounds presentations will be held monthly. Resident attendance is required. These presentations are a required part of the curriculum. Each PGY-3 resident will present a case in Behavioral and Family Medicine for discussion and dialogue. Preparation of the presentation topic is done under the direct guidance of Dr. John Burkhardt and the resident's family and/or behavioral medicine advisors. These conferences will have their own orientation at the end of PGY-2.

c. Scholarly Activities and Research

All Residents are required to participate in scholarly/research activities during residency. These activities are required for graduation. Opportunities generally begin in PGY-2 but may begin as early as intern year. If a resident would like to begin earlier, they may schedule a meeting with Dr. Louanne Friend to discuss opportunities.

Scholarly activity comes in many different formats and incorporates the core areas of academic medicine, such as research, teaching, patient care, and organization/management/service. As defined by Boyer (1990), scholarship encompasses the full scope of academic work and includes:

- The *Scholarship of Discovery* – original research.
- The *Scholarship of Integration* – interdisciplinary work in which connections are made across disciplines.
- The *Scholarship of Application* – the application of theory to practice and the bidirectional relationship between theory and practice.
- The *Scholarship of Teaching* – communication of knowledge to learners and the creation and sharing of knowledge about the practice of teaching.

Residents are required to accumulate 10 scholarly activity points to meet graduation requirements. This system recognizes a variety of activities as scholarly; any of the four types of scholarship described by Boyer can potentially earn points.

The point system is weighted in such a way as to encourage residents to participate in the scholarship of discovery. Residents are free to collaborate with each other, as well as faculty, on projects.

The following table shows the basic outline of the point system. The Research Director, Residency Director, and faculty mentor determine the exact number of points earned for a project. For projects involving collaboration, full points can be given to each resident, or points can be assigned based on each resident’s level of contribution.

Additional information regarding this requirement will be given during a formal orientation session at the beginning of PGY-2.

Approved Scholarly Activity Requirements

	<i>Max Points</i>
Completion of an IRB-approved research project	7
Acceptance (to peer review) of a manuscript describing a case report, clinical review, or research project; a systematic review to a medical journal; or a quality improvement project with evaluation	5
Publication of an edited book chapter or section	5
Acceptance (to peer review) of a manuscript describing a case report	5
Prepare an enduring curriculum for use by the residency program, including needs assessment; goals & objectives; activities/template; evaluation; and presentation for incorporation into the curriculum	5
Participating in a grant proposal or budget	3
Submission and acceptance of a podium or poster presentation at a state, regional, national, or international medical conference	3
Presentation of a podium or poster presentation at the CCHS Rural Health Conference	3
Participation in state, regional, or national committees of medical or educational organizations	3
Publication of a letter to the editor in a peer-reviewed medical	2
Publications for the lay public, such as newspaper articles, on medical topics or an article for the UA news	2
Submission without acceptance of a presentation at a state, regional, national, or international medical	1
Presentation of a podium or poster presentation at a local medical or patient care conference (includes but not limited to CCHS Resident Research Day, Grand Rounds, Scholarship Conference, etc.)	1
Special lecture outside of CCHS	1
Publication of an op-ed or letter to the editor in a local or state newspaper regarding a current public health	1
Completion of CITI/IRB training and identification of an approved scholarly activity topic with a faculty mentor by the end of intern year	1
Presentation at Academic Afternoon (required for all)	1*
Attendance of IHRH Rural Health Conference	1/day
Presentation of a one-hour lecture for Global Health	1
Other activities deemed acceptable by the Research Director and Residency Director	As assigned

*Requirement for graduation

3. Other Requirements

a. Quality Improvement

Quality Improvement (QI) is increasingly becoming a part of private practice in the form of insurance-initiated pay-for-performance programs and annual American Board of Family Medicine Maintenance of Certification (MOC) QI Chart Reviews. **All residents are required to participate in a QI project. This is a graduation requirement and is typically completed during PGY-2.**

Committee meeting attendance is a required part of ACGME practice management.

C. Library and Learning Resources

The Health Sciences Library is located on the ground floor of CCHS and is available to residents 24 hours a day.

D. Assessment

1. Evaluations

- a. Evaluations of Faculty and Rotations: After each block, residents evaluate the faculty and rotations securely, anonymously, and electronically via New Innovations. To preserve anonymity, these evaluations are compiled every four to six months and a composite average of the evaluations and comments are presented to the faculty. The evaluations remain completely anonymous.
- b. Evaluations of Residents (Formative, Summative, and Final): After each block, rotation preceptors evaluate residents securely and electronically via New Innovations. Formative evaluations are made available securely and electronically through New Innovations four weeks after the completion of the block.

Residents are assigned a faculty Academic Advisor to assist them in attaining their education goals. Residents are required to meet with their advisor to discuss their evaluations for each quarter. Any deficiencies or areas for improvement should be addressed during this time. The advisor will complete a Summative Evaluation on the resident and submit it to the Residency Office and Clinical Competency Committee. Advisors meet with their resident advisees before CCC meetings to discuss their evaluations and again, after CCC meetings to advise residents on milestone evaluations and progress.

The Clinical Competency Committee gives recommendations to the Residency Director regarding milestone evaluations of each resident and advises the Residency Director regarding resident promotion and graduation.

Prior to the end of June, the Residency Director informs each resident of the decision reached, pending successful completion of the remainder of the academic year.

2. Documenting Procedures

Residents should document all completed procedures in New Innovations. Various procedures are required to be performed and documented to meet graduation requirements. Residents are responsible for documenting procedures in a timely manner.

Each resident must perform and document a minimum of 40 deliveries during their three years of training, which must consist of a minimum of 10 continuity deliveries. In addition, at least 30 of the total deliveries must be vaginal deliveries and a minimum of 10 must be c-sections. Two residents may be given credit for the same delivery if one of those residents is supervising. The experience of each resident must be documented as to the role played in the delivery.

Interns must perform and document 15 ICU patient encounters, 10 advanced airway procedures, and participate in and document 5 ACLS codes to promote to PGY-2.

Residents must attend at least one ACLS Emergency Simulation session. Sessions are typically held monthly and can be attended while on inpatient medicine, cardiology, and FM Clinic, but not limited to these rotations. Contact Genia Condra at 348-1373 to schedule.

Other procedural requirements are listed in the tables below.

UATFMR Required Procedures		
To be completed by June 1 of PGY-3 (except as noted)		
HOSPITAL PROCEDURES		
Procedure Name	Required	Comments
ABG	2	Perform
Adult Code/ACLS	10	Lead 2, Participate in 10
Circumcision	5	Except by prior statement of conscientious objection
Delivery of Bad News Discussion	2	Document with details at least 2 (Inpatient or Outpatient)
End of Life Discussion	2	
ICU Patients	15	By June 30 of PGY-1
IV Access – Venous	2	Perform or simulated
Intubation (Advanced Airway)	10	Perform or Simulated By June 30 of PGY-1
Spinal Tap (Lumbar Puncture)	1	

CLINIC PROCEDURES		
Procedure Name	Required	Comments
Cerumen Disimpaction	5	
ECG	1	Perform (ECG reading is in curriculum)
Fluorescein Exam with Woods Lamp	2	
Home Visit (Continuity Patients)	2	Not visits made on Geriatrics rotation
I/D Abscess	5	
Ingrown Toenail	2	
Joint Aspiration/Injection	10	Includes all joints
Laceration Repair	10	
Nursing Home Visits (Continuity Patients)	36	During PGY-2/3
Orthopedics – Casting and Splints	4	
Removal of Foreign Body	2	From Any Orifice
Skin – Tag Removal/Destruction	2	
Skin – Biopsy/Excision	4	Punch, Shave, Scoop
Skin – Cryotherapy Destruction	3	Not Skin Tag
Spirometry	1	Observe & Interpret

OB PROCEDURES		
Procedure Name	Required	Comments
Contraceptive Subdermal Implant	≥ 3	At least 2 Insertions, 1 Removal
IUD – Intra Uterine Device	2	Except by prior statement of conscientious objection
Wet Mount/KOH Prep	2	Obtain sample

3. Requirements per PGY

Resident Requirements per Year for Advancement to Next PGY			
	PGY-1 Required by June 30	PGY-2 Recommended by June 30	PGY-3 Required by June 30
Continuity Clinic	200 hours for PGY-1	550 hours for PGY-2	1000 hours total for 3 years
Continuity Patient FMC Encounters	150	650 - 750	1,650 – 1,800
Continuity Total (FMC, NH, Home)	*	*	1,800
Total Deliveries	*	*	35 (80 residents on OB Track)
Vaginal Deliveries	*	*	25 (80 residents on OB Track)
Continuity Deliveries	10	*	10
C-Sections	10*	*	10
Nursing Home Visits (Continuity Patients)	*	9 visits - Dec 15 18 visits - June 15	27 visits - Dec 15 36 visits - June 15
Home Visits (Continuity Patients)	*	1 visit - June 15	2 visits - June 15
Journal Club		Coordinate with advisor, present in Academics	1
Committee Attendance	*	75%	75%
R3 Presentation	*	*	1
Research Project Presentation	Identify project	Begin working on project	Present at CCHS Research Day
USMLE Step 3/ COMLEX Level 3	By Jun 30	Must have full license by Dec 31 (US Grads Only)	Must have full license by Dec 31 (IMGs)
Board Exam Registration	*	*	By Dec 31
Board Exam	*	*	Spring exam

AMA GME CEP Modules (See handout)	PGY-1 Series I - Dec 1 Series II - June 1	PGY-2 Series I - Dec 1 Series II - June 1	PGY-3 Series I - Dec 1 Series II - June 1
ABFM MOC Points	*	*	≥ 50 by Dec. 15
KSA (10 Points)	cKSA Asthma KSA		
QI Project (Performance Improvement Activity)	*	Diabetes QI Hypertension QI	*
cKSA (Continuous KSA)	25 questions each quarter/10 points per year		

Milestone Requirements (Not Graduation Requirements)			
	PGY-1 Required by June 30	PGY-2 Required by June 30	PGY-3 Required by June 30
Delivery of Bad News	1	2 total	*
End of Life Encounters	1	2 total	*
ITE Benchmarks	390	410	440

ACGME Required Inpatient Encounters (as per Meditech report of resident signature)			
	PGY-1 Required by June 30	PGY-2 Required by June 30	PGY-3 Required by June 30
Adult Inpatients	*	*	750
ICU (Patients, not Encounters)	15	*	*
Pediatric Hospital and/or Emergency Setting	*	*	100
Newborn Patients	*	*	40
Pediatric ER Encounters (Admit or Discharge)	*	*	50 (included in the above 100 pediatric inpatient)

4. In-Training Exam

The [American Board of Family Medicine](#) administers the In-Training Exam (ITE) annually in the fall. The purpose of the examination is to provide an assessment of each resident's progress and to provide programs with comparative data about the program as a whole. The examination consists of 240 multiple-choice questions and uses a content outline that is identical to the blueprint for the ABFM Certification Examination.

It is the goal of UATFMR to create an environment that fosters scholarship and lifelong learning. Thus, preparation for the ITE and for the Board Exam is highly emphasized.

The following criteria are considered internal benchmarks for UATFMR:

- PGY-1: 390 mean scaled score
- PGY-2: 410 mean scaled score
- PGY-3: 440 mean scaled score

Scores will be discussed with the resident's Academic Advisor and the Residency Director. If scores are lower than the internal benchmark, formal assistance with examination preparation will be provided by the Director of Learning Resources and Evaluation (DLRE), who will design and implement a remediation study plan. It is the resident's responsibility to seek assistance from the DLRE and to schedule a time to meet. The DLRE will report the resident's progress to the Residency Director and Clinical Competency Committee (CCC). Assistance with examination preparation will be provided via the remediation plan. (NOTE: This is NOT academic probation. It is anticipated that several residents may not meet this benchmark early in the respective training years. The goal of the examination preparation remediation process is to identify those struggling with standardized tests and to formally provide assistance and training for improvement.)

A typical remediation plan will follow the procedures outlined below:

- Regular meetings with the Director of Learning Resources and Evaluation.
- Regular meetings with resident's Academic Advisor (at advisor's discretion).
- Advised to use CME funds on a board-review course. (NOTE: PGY-2s who remediate on the ITE will not be allowed to use their PGY-3 CME funds until successfully passing the PGY-3 ITE. If the PGY-3 ITE is not passed, the CME funds must be spent on an approved board-review course).

No academic probation will be prescribed SOLELY on the results of the ITE or follow-up test. The Residency Director will review the results of the ITE with confidentiality, professionalism, and a view of the overall picture of the resident as a physician-in-training. Failure to work with academic advisor on the ITE will result in academic probation.

III. Administrative

A. Residency Agreement

The Trainee Agreement is issued prior to commencement of initial training, and only after trainees have received acceptable results on their pre-employment drug and alcohol

screen, as well as satisfactorily completing any other pre-employment requirements as may be required by the Program, College, or University. This agreement covers the entire training period, provided the resident receives a promotion letter to advance to the subsequent years of training. Residents receive a copy of the fully signed agreement with originals kept in the Residency Office for reference. After the first agreement is signed, any subsequent renewal is communicated in writing to the resident. Residents who do not wish to renew their agreement must notify the Residency Office 60 days prior to the renewal date.

B. Benefits

The College of Community Health Sciences (CCHS) and the Capstone Health Services Foundation (CHSF) will provide the residents with the following:

1. Advanced Cardiac Life Support Certification (ACLS)
2. Advanced Life Support in Obstetrics Certification (ALSO)
3. Advanced Trauma Life Support Certification (ATLS) – up to \$850
4. Alabama Academy of Family Physicians Membership (optional)
5. Alabama Controlled Substance Certification Fees
6. Alabama Medical Licensure Commission Fees
7. Alabama State Board of Medical Examiner Fees
8. AMA GME Competency Education Program (web-based program)
9. American Academy of Family Physicians Membership
10. American Board of Family Medicine In-Training Assessment Exam Fees
11. American Medical Association Membership Fees
12. American Board of Family Medicine Board Exam Fees
13. University Medical Center will provide a discount on office visits for residents and their dependents who are covered by UA's Blue Cross/Blue Shield Health Insurance plan. Resident is responsible for any applicable deductibles and non-covered services.
14. DCH Regional Medical Center Meal Stipend – Provided on inpatient blocks. On-call residents receive \$147 per 3-week block, night float residents receive \$189 per 3-week block. The total amount of funds available for the resident are placed on their card at the beginning of each academic year.
15. DCH Regional Medical Center Medical Staff Privileges
16. Educational Reimbursement (CME funds) – Up to \$1,000 for PGY-2 and PGY-3
17. Laptop – PGY-1 residents are issued a laptop for use during residency training. Laptops must be returned to UATFMR prior to graduation.

18. UWorld Study Subscription – PGY-1 residents receive a 180-day study subscription to UWorld for preparation for USMLE Step 3/COMLEX Level 3.
19. Examination and Board History Report
20. Federal Drug Enforcement Agency (DEA) Certification Fees - One time only (Note: DEA Registration is valid for 3 years. Resident is responsible for renewal fees during PGY-3.)
21. Lab Coats (2) and Scrubs (2)
22. Neonatal Resuscitation Program Certification (NRP)
23. Occurrence-Based Malpractice Insurance
24. Pager – To be returned at completion of training
25. Pediatric Advanced Life Support Certification (PALS)
26. Relocation Reimbursement – Up to \$1,500 (issued as a taxable sign-on bonus)
27. University of Alabama Business Cards
28. University of Alabama Parking Permit
29. University of Alabama Staff ACT card
30. USMLE 3/COMLEX Level 3 Application fees

Residents should promptly submit any bill/statement for any of the above to the Residency Office for payment.

The University of Alabama offers an array of employee benefits with details located on the UA Benefits website. UA has also provided a Benefits Summary Guide, with a convenient one-page summary on page three.

Residents are responsible for completing the online benefit enrollment process within the first 30 days of employment. Failure to do so will result in ineligibility status until the official open enrollment period begins.

Residents are responsible for paying:

1. Alabama Academy of Family Physicians Resident Chapter Dues – \$30 annually (optional)
2. Moonlighting Malpractice Insurance – PGY-2 and PGY-3, consistent with Moonlighting Policy
3. DEA Renewal – PGY-3
4. TFPRA Dues

C. Leave/Other

UATFMR is compliant with the ABFM leave requirements. If there is no properly prepared leave request with the approval signature of the Residency Director or his/her the designee, then THERE IS NO APPROVED LEAVE.

1. General Leave Guidelines:

- i. Residents must be present for a minimum of 75% business days to pass a one-block rotation.
- ii. Leave requests must be submitted at least 90 days in advance. No leave requests will be considered less than 90 days in advance unless extraordinary circumstances can be demonstrated. The Residency Director must approve any exceptions.
- iii. Leave is not permitted on primary hospital call services except in extraordinary circumstances. In such situations, residents must provide written justification as to why the leave should be approved.
- iv. Annual leave is not permitted during the first two weeks of July OR the last two weeks of June except in extraordinary circumstances.
- v. Administrative or educational leave requires a copy of the brochure/email of the educational activity before the request will be considered. No more than five days of educational and/or administrative leave will be granted per academic year, PGY-2 and PGY-3, and does not roll over if unused.
- vi. Coverage must be arranged for Family Medicine clinics if the leave request is made less than 90 days prior to clinic. Leave will be granted at the Residency Director's discretion.
- vii. It is the resident's responsibility to email the rotation preceptor, Family Medicine suite, Residency Office, inpatient service, and clinic to which the resident is assigned of any forthcoming absence.
- viii. Cancellations and changes to approved leave must be made in writing.
- ix. Sick leave may only be used for personal illness, MD appointments, or the illness of a family member as outlined below. Sick leave may not be used as annual time. Once sick leave is exhausted a resident may use annual leave in lieu of sick leave.
- x. NOTE: At any given time between 8:00 am and 5:00 pm Monday through Friday, residents should either be on their assigned rotation, in clinic, in academics, or on leave with a properly prepared and approved leave request.

2. Types of Leave and Leave Process

i. Annual Leave

Each resident is permitted two weeks (10 business days) of paid annual leave per year, plus one week at Christmas/New Year. Unused annual leave time does not accrue from year to year. During PGY-1, these weeks may be taken during the following rotations: EKG, Geriatrics, and

Surgery. Any on-call weekend days requested as part of a vacation will not be considered unless coverage is arranged and listed on the request form.

When anticipating leave while on a rotation associated with University Medical Center specialty clinics (Pediatrics, Psychiatry, Sports Medicine, Surgery Clinic), coverage arrangements must be made and listed on the request form.

Other suggested annual leave rotations include Cardiology, Emergency Medicine, Neurology, Orthopedics, Rural Medicine, or other electives.

Leave may not exceed one week during any rotation provided the resident completes the required 75% business days to pass the rotation. Requests for two consecutive weeks of leave spanning two different rotations in two different blocks will be considered on a case-by-case basis.

ii. Sick Leave

Residents are permitted 12 sick days per year. Residents on hospital service who are sick must notify a Chief Resident and attending physician on call via phone and the Residency Office via email. Arrangement for the back-up resident to be called will be the responsibility of Chief Residents. Text messaging is not acceptable.

Residents scheduled for clinic who are sick must notify the nursing supervisor via phone ASAP and the Residency Office via phone and email. Text messaging not acceptable. Another resident colleague will be pulled from a non-call rotation to cover for this clinic. Patient schedules will not be canceled or modified unless requested by patient.

Residents scheduled with an outside preceptor who are sick must notify preceptor via phone and the Residency Office via phone and email. Text messaging not acceptable.

Residents taking sick leave during a weekend call shift are expected to pay back the weekend call shift to the back-up resident later during the year.

Sick days must be requested in advance for physician appointments or scheduled medical procedures. Unexpected illness occasionally occurs. All days taken as sick leave must be claimed upon return to work. Any sick leave that exceeds 48 hours must be accompanied by a physician's statement and release to return to work.

Additional Guidelines for Use of Sick Leave: Sick leave is not an earned right, but a privilege, and should be taken only for reasons

provided in this policy. Residents may be required to provide documentation for absences.

Eligible residents may be granted sick leave when they:

- Are unable to perform their duties because of personal illness or injury.
 - Must attend to the serious illness of relatives who reside in the immediate household.
 - Must attend to the serious illness of their parents (including current stepparents or legal guardians).
 - Must obtain health-related professional services that cannot be obtained after regular working hours.
- A. When conditions within the work unit dictate the necessity, the supervisor may require a resident to reschedule an appointment.

iii. Educational Leave

Educational leave will not normally be approved at a time when it will reduce the call team to fewer than four. A total of five (5) days are available each academic year, PGY-2 and PGY-3, but cannot be carried over. Leave must be requested 90 days in advance. A request form should be submitted with written documentation (e.g., brochure) of the conference.

Coordination and scheduling of USMLE Step 3/COMLEX Level 3 and the ABFM Board Exam is the responsibility of the resident but leave for these exams must be approved before scheduling. Avoid scheduling during call blocks or primary services. Time off during a call block or primary service will only be approved in extenuating circumstances.

iv. Administrative Leave

Residents may be granted administrative leave for activities whereby they directly represent CCHS and UATFMR (e.g., national and regional residency meetings, presentation of papers, posters, residency fairs, etc.). Applications for administrative leave will be submitted and processed in the same manner as all leave requests. No administrative leave will be granted for more than five working days per academic year.

v. Family and Medical Leave Act

In accordance with the Family and Medical Leave (FML) Act of 1993, eligible residents may take FML as provided in the [University Policy Manual](#). The FML policy can be found [here](#).

ACGME Family Leave Policy and Time Away from Training

Any contradictory language in this handbook notwithstanding, per ACGME Institutional Requirement IV.H.1. (2022), each resident shall have:

1. a minimum of six weeks of approved medical, parental, and caregiver leave(s) of absence for qualifying reasons that are consistent with applicable laws at least once and at any time during an ACGME-accredited program, starting the day the resident is required to report;
2. at least the equivalent of 100 percent of their salary for the first six weeks of the first approved medical, parental, or caregiver leave(s) of absence taken;
3. a minimum of one week of paid time off reserved for use outside of the first six weeks of the first approved medical, parental, or caregiver leave(s) of absence taken;
4. continuation of health and disability insurance benefits for residents and their eligible dependents during any approved medical, parental, or caregiver leave(s) of absence.

The process(es) for submitting and approving leaves of absence are described herein.

Please refer to Sponsoring institution [Leave Policy](#).

vi. Family Leave Within a Training Year

ABFM will allow up to twelve (12) weeks away from the training in a given academic year without requiring extension of training, as long as the Program Director and Clinical Competency Committee agree that the resident is ready for advancement to the next level and on track to meet competencies required for autonomous practice. These 12 weeks can include up to eight (8) weeks attributable to Family Leave, and up to four (4) weeks of Other Leave, as allowed by the program. ABFM encourages programs to preserve a minimum of one (1) week of Other Leave in any year in which a resident takes Family Leave. Consideration should be given to the importance of preserving some time away for any other needs a resident has outside of a period of Family Leave. The resident must have at least 40 weeks of continuity experience in the year in which they take Family Leave.

vii. Total Time Away Across Residency Training

A resident may take up to a maximum of 20 weeks away from training over three years of residency without requiring a training extension. This allows for periods of Family Leave that may be necessary within different

academic years, such as having a second child or recurrent personal or family leave. Generally speaking, 9-12 weeks (3-4 weeks per year) of this leave will be from institutional allowances for time off that applies to all residents; programs will continue to follow their own institutional or programmatic leave policies for this. A period of Family Leave may cross over two academic years. In this circumstance, the Program Director and sponsoring institution may decide when the resident is deemed prepared to advance from one PGY level to the next.

viii. Time Allowed for Other Leave During the Course of Residency

Consistent with prior ABFM policy for board-eligibility, the maximum time allowable for Other Leave is four (4) weeks or 30 days (depending on how leave is calculated at each institution) per academic year. In the absence of a need for extended Family Leave, a resident is still required to spend 12 months in each PGY year. Residents are expected to take this allowable time away according to local institutional policies. Foregoing this time by banking it to shorten the required 36 months of residency, or to retroactively “make up” for time lost due to sickness or other absence, is not permitted.

ix. Certification Timeline in Instances of Extension of Residency Training

If a resident’s leave exceeds either 12 weeks away within a given academic year, and/or 20 weeks total across three years of training, extension of the resident’s residency training will be necessary to cover the duration of time they were away from the program in excess of 20 weeks. In this instance, residency directors must make appropriate curricular adjustments and notify ABFM of requested extensions through the RTM system, for approval by ABFM. Reports must include an explanation for the absence from training, the number of total days missed, and a plan for resuming training as basis for calculating a new graduation date.

When a training extension is needed, the resident will still have two opportunities to take their initial certification exam within the same year as graduation, based on the following parameters:

1. If they are anticipated to complete training between July 1 and October 31, they may apply for and take the Certification Examination in April of their PGY-3 year, with permission from the program director through the RTM system.
2. If they are anticipated to complete their residency between November 1 and December 31, they will be eligible to take the Certification Examination in November of their graduating year.

Additionally, residents who complete their training between January 1 and April 30 of the year following their original graduation date may apply to take the November exam in the same year as their original graduation date, after approval of permission from the program director through the RTM system.

D. Residency Training Requirements for Board Certification Eligibility

Candidates for ABFM board eligibility are required to have completed training in an ACGME accredited Family Medicine residency program. In some situations, the training may be extended for additional time to meet the minimum requirements. All residents must have core clinical training that includes the breadth and depth of Family Medicine. For ABFM board eligibility, these include, but are not limited to:

1. Residents are required to spend their final two years of training in the same residency program's teaching practice in order to provide sustained continuity of care to a panel of patients.
2. Each year of residency must include a minimum of 40 weeks of continuity clinic experience. While this ACGME requirement has been replaced with "should" in the 2023 Requirements for Family Medicine Residency Programs, ABFM has elected to keep this a "must" requirement for board eligibility (exceptions may apply if the residency program has received a waiver of this requirement in connection with pilot projects assessing intentional variation in training requirements).
3. Beginning July 1, 2023, residents will be required to complete a minimum of 1,000 hours of "caring for one's panel" in the continuity practice site, in lieu of the prior 1650 visit requirement.

At the end of training, the Program Director is expected to sign electronically via the Residency Training Management (RTM) system, on behalf of the Clinical Competency Committee, that the resident has met all requirements for board-eligibility and is ready for autonomous practice.

E. Counseling and Support Services

Counseling and support services including education information about substance abuse and physician impairment, are available to residents via the Residency Director. See also the [Sponsoring Institution's Impairment Policy](#).

<https://cch.ua.edu/education/sponsoring-institution-policies/>

F. Confidential Voluntary Self-Identification of Disability and/or Protected Veteran Status

The University's program of affirmative action invites employees to identify whether they are a covered veteran or an individual with a disability in order to receive the benefits of affirmative action. The information is used solely for affirmative action purposes and will not subject persons to any adverse treatment. Self-identification forms

can be accessed at https://hr.ua.edu/wp-content/uploads/HR-Forms-Page/Voluntary-Self-Identification-of-Disabilty-Form_postHire.pdf.¹ Once employed, the University invites employees who fall into one of both categories to confidentially identify themselves by completing the Voluntary Self-Identification of Individuals with Disabilities and/or Voluntary Self-Identification of Protected Veterans forms that can be found on the Employee tab under Employee Services on myBama. Employees who have previously submitted this information do not have to submit it again, unless their status has changed. Employees may contact the HR Service Center at 348-7732 with questions.

G. Practice Site Visits

A total of three (3) days may be allowed PGY-3 for investigating available practice sites. Residents must apply for these days on the appropriate form, listing the name and location of the practice as well as the names and contact numbers of the personnel involved in the meeting. The Residency Office must approve the actual site visit day(s). Site visit days may not be approved if charts are not current, academic status is in questions, or if rotation attendance has been an issue. Cancellations of site visit days must be made in writing. Residents are not permitted to schedule these site visits when they have continuity clinic or during call month rotation. These requests must be submitted 30 days in advance.

H. Intern Retreat

UATFMR tradition has been for the upper-level residents to provide the interns with a few shifts off near the conclusion of their internship. The Intern Retreat will occur during the last weekend of April. The location and other details for the retreat will be coordinated by the interns. The retreat starts at noon on Friday and ends at 7:00pm on Sunday. Chief Residents will coordinate call coverage.

Interns not participating in the official Intern Retreat activities will be expected to cover their own call shifts and clinics. Additionally, such interns may be assigned for daytime call coverage of primary services in lieu of their regular rotation.

I. Severe Weather Guidelines

Enactment of severe weather guidelines will be governed by the University of Alabama's official closing decisions:

1. Tornadoes

Tornado watch refers to weather conditions which are favorable for tornado formation.

Tornado warning refers to a confirmed tornado in the area.

At Program Director's discretion, based off weather forecasts for the day, the severe weather coverage plan may be put into place. Should this occur, chief residents will contact residents on primary hospital services to help coordinate the coverage plan.

The expected coverage will be as follows:

- The upper-level resident and intern who are scheduled to be on call when the severe weather plan is put into place, will be expected to remain in the hospital to provide patient care until night team is able to safely arrive.
 - If more than 1 intern and/or upper-level resident are scheduled for a severe weather afternoon, **ONLY** the primary call intern and on-service upper level are to remain in the hospital; all others should be dismissed at noon.
 - In the event of an active **tornado warning** in effect until 9pm or later, the residents providing care should remain in the hospital overnight for admitting and patient care. The night team should be in communication with day team/chief residents and should plan to arrive at hospital once tornado warning is no longer active (UNLESS AFTER 9pm).
 - If there is no active tornado warning at the time of the transition from the day team to the night team, the night team is expected to arrive on schedule.
- If the day team residents must remain in the hospital overnight, rounding will occur as follows:
 - The off-service (geriatrics/peds clinic) interns will round in place of the interns who covered 24hr call the night before IF it does not interfere with their continuity clinic schedule; if the continuity clinic schedule precludes off-service residents from covering, residents from any other rotation may be contacted to fill in based on clinic schedule.
 - The off-service (IM clinic/GYN clinic/Peds clinic) upper-level residents will round in place of the residents who covered 24hr call the night before IF it does not interfere with their continuity clinic schedule; in the event that continuity clinic schedule precludes off-service residents from covering, residents from any other rotation may be contacted to fill in based on clinic schedule
 - Because there will be an extra off-service upper level for Peds/OB, residents are expected to work this out among themselves and the chief residents.
 - It is expected that covering residents will receive formal checkout from the residents whose teams they will be covering.
 - The off-service residents will be excused from their clinical duties (Other than continuity clinic) for the morning that they are covering in order to round and finish hospital work; they will be expected to return to their normal schedule for the afternoon

2. Snow and Ice

In instances where clinic is closed for snow/ice, those in the hospital should continue their normal call schedules and take extra time and caution when traveling; residents may consider utilizing call rooms at DCH.

If anyone feels unsafe to travel, discussion should be had with chief residents and program director.

J. Process for Confidential Reporting of Concerns or Unprofessional Behavior

Residents may submit an anonymous professional evaluation of peers, staff or faculty or submit a concern confidentially/anonymously through New Innovations or directly to the Residency Director.

The Residency Director will discuss the evaluation or concern with the Assistant Residency Director for Behavioral Medicine. Both the Residency Director and Assistant Residency Director for Behavioral Science will discuss the issue with the identified individual. The resident submitting the evaluation or concern will receive feedback from the Residency Director if they choose to disclose their identity.

K. Chief Resident Selection

As well as being a representative and leader among peers, the Chief Resident position has many junior faculty level administrative responsibilities, often occurring after-hours. The Chief Residents will typically be chosen in March – April.

The Chief Residents will be expected to attend quarterly Department meetings at DCH. The full transfer of responsibility will occur in May (after the match). The selection of Chief Residents begins with resident and faculty nomination and ranking. The Residency Director makes the final selection, taking rankings into account.

No resident will be considered for Chief Resident unless they are in good standing, as determined by the Residency Director.

The IT Chief will see that the resident computers and printers at the hospital are maintained, troubleshoot resident issues with remote desktop and NextGen, and work with DCH and UMC IT departments to continue to improve on our operating systems.

L. Committees

Residents will be assigned to committees of CCHS and DCH. Once appointed, **residents are required to attend committee meeting and be active participants.** After the residency training period ends, committee memberships are a part of a physician's normal work environment. Learning how to be an active participant and a contributor on committees is part of the training program and offers the resident an opportunity to demonstrate professionalism.

Residents should expect their involvement on committees to be tracked and part of the routine discussions with their academic advisor.

M. USMLE Step 3/COMLEX Level 3

USMLE Step 3/COMLEX Level 3 should be taken and passed by October 30th of PGY-2. If not, the resident is subject to “Academic Probation” resulting in extension of PGY-2 or non-renewal of the contract. Residents will not be promoted to PGY-3 without passing Step 3. Failing Step 3 twice will result in consideration for dismissal from the program.

Coordination and scheduling of Step 3 is the responsibility of the resident. Leave for the exam must be approved before scheduling. DO NOT schedule the exam during call, night float, or primary services. Time off during a primary service will only be approved in extenuating circumstances and the resident is responsible for finding call coverage (which must be submitted with the leave request). Due to the scheduling process for Step 3, it is understood that the 90-day notice may not be feasible. However, residents should submit a leave request no fewer than 30 days before the intended test date.

N. Licensure

PGY-1 residents are issued a limited license. This license limits residents to practice within the supervision of the program. After one full year of training and passing USMLE Step 3/COMLEX Level 3, residents must apply for an unrestricted license. Thereafter, the license must be renewed annually. Application and renewal fees are covered by the program.

NOTE: International medical graduates are prohibited from obtaining an unrestricted license in the state of Alabama until they have completed PGY-2.

Residents who are graduates of US medical schools are required to obtain an unrestricted medical license by January 1st of PGY-2. Residents who are graduates of International medical schools are required to obtain an unrestricted medical license by January 1st of PGY-3. Failure to obtain licensure will result in probation until an unrestricted medical license is obtained and may result in disciplinary action by the State Licensure Board.

O. Controlled Substance Certificates

Residents are required to obtain an Alabama Controlled Substance Certificate. Residents are also required to obtain a Federal DEA Certificate in order to prescribe controlled substances. The Residency Office submits applications for Federal DEA certificates when residents are issued a limited license.

The fees for the Controlled Substance and initial DEA Certificates are covered by UATFMR. DEA certificates are valid for three years. During PGY-3, residents are responsible for the DEA renewal fee. CME may be used to cover this fee.

No resident will be allowed to work without an active DEA certificate.

Signatures

I hereby certify that I have received, read, and reviewed the Sponsoring Institution policies and the University of Alabama Tuscaloosa Family Medicine Residency Handbook (which may be amended periodically by the University, CCHS and Program). I know these resources are maintained online and it is my responsibility to stay current via electronic access. I understand that I will be accountable for adhering to the policies and procedures both referenced and included herein and conducting my duties in the workplace in accordance with the information contained in this and other referenced policy manuals and/or handbooks.

Signature

Date

Printed Name