

FELLOW'S SCHEDULE 2016-2017

	<u>BRETT BENTLEY</u>	<u>ROB CANNON</u>
JULY	PRIMARY CARE	PRIMARY CARE
AUGUST	PRIMARY CARE	PRIMARY CARE
SEPTEMBER	ORTHO- ASMI	ORTHO- UOC
OCTOBER	ORTHO- UOC	ORTHO-AMSI
NOVEMBER	ANATOMY/RADIOLOGY	PRIMARY CARE
DECEMBER	PRIMARY CARE	ANATOMY/RADIOLOGY
JANUARY	PHYSICAL THERAPY	NUTRITION/ EX PHYS
FEBRUARY	NUTRITION/EX PHYS	PHYSICAL THEREAPY
MARCH	RESEARCH	RESEARCH
APRIL	ORTHO-UOC	FOOT & ANKLE
MAY	FOOT & ANKLE	ORTHO-UOC
JUNE	PRIMARY CARE	PRIMARY CARE
FELLOW'S CLINIC	Monday, Tuesday, Thursday, and Friday afternoons depending on rotation There will always be at least one Fellow in Clinic daily	
Continuity Clinic	Wednesday- morning	

Fellowship Responsibilities 2016-2017

Formal Presentations

These Power Point presentations will be videoed and linked from our web site at UMC. They are intended for you to use in the future for educational purposes. They are given at 1:00 pm on the 1st Tuesday of each month (unless a schedule conflict) and are attended by faculty, residents and medical students and local Athletic Trainers. They are given during the Resident's Academic Afternoon and active discussion will occur following. They will also be recorded and used for rural teaching and placed on the CCHS web-site.

8/2/16	PPE- Brett
9/6/16	Concussion- Rob
10/4/16	Sudden Cardiac Death in Athletes- Brett
11/1/16	Environmental Concerns: High, Low, Hot, Cold- Rob
12/6/16	Exercise Induced Asthma- Brett
1/10/17	Performance Enhancing Drugs- Rob
2/7/17	Sports Nutrition- Brett
3/7/17	Exercise For an Active Lifestyle/Exercise Prescription- Rob
4/4/17	Overuse Injuries- Brett
5/2/17	Female Athletic Triad- Rob
6/6/17	Sports Dermatology- Brett
6/30/17	Research Presentation- Rob

Friday Morning Journal Club- Medical

These are articles to be presented at 6:30 on Friday mornings. They are located in the Dean's Conference room at UMC. They are attended by all faculty, residents and medical students on a Sports Medicine rotation, and any interested individuals. You are responsible for finding an article on the given subject that is current (within the previous 2 years) and e-mailing it to all parties (including residents and medical students on the rotation, and former Fellows) before Wednesday of the assigned week.

7/8/16	Emergency Action Plan
7/15/16	Exertional Heat Stroke
7/22/16	Post-Concussive Syndrome
7/29/16	Chronic Traumatic Encephalopathy
8/5/16	Cervical Spinal cord Injuries/management
8/12/16	Transient Quadraparesis
8/19/16	Cardiac Screening
8/26/16	Comotio Cordis
9/2/16	Hypertrophic Cardiomyopathy
9/9/16	Exertional Rhabdomyolysis
9/16/16	Mononucleosis
9/23/16	Altitude Illness
9/30/16	Altitude Training/Adaptations
10/7/16	Sickle Cell Trait
10/14/16	Hypertension in Athletes

10/21/16 Vocal Cord Dysfunction
10/28/16 Diabetes in Athletes
11/4/16 Pneumothorax/Pneumomediastinum
11/11/16 Drug Testing
11/25/16 THANKSGIVING
12/2/16 Jet Lag
12/8-11/16 ADVANCED TEAM PHYSICIAN COURSE
12/16/16 Thoracic Outlet Syndrome (Paget-Schroetter Syndrome)
12/23/16 Costochondritis
12/30/16 BOWL
1/6/17 Testicular Injuries
1/13/17 Hyponatremia in Endurance Sports
1/20/17 Body Composition Measurements
1/27/17 Weight Limited Sports (Wrestling)/ Guidelines-Rules
2/3/17 Overtraining/Burn-out
2/10/17 Exercise and Immune Function
2/17/17 Mass Participation Event Coverage
2/24/17 Complex Regional Pain Syndrome
3/3/17 Weight Training for the Young Athlete
3/10/17 Exercise Physiology
3/17/17 Hematuria/ Proteinuria
3/24/17 Pregnancy- current ACOG guidelines
3/31/17 Birth Control/Hormonal Manipulation of Menstrual Cycle
4/7/17 Anemia/Iron Deficiency
4/14/17 Eye injuries
4/21/17 Therapeutic Drugs- Effect on Exercise
4/28/17 Exercise Induced Urticaria
5/5/17 ENT Injuries
5/12/17 AMSSM MEETING
5/19/17 Disabled Athletes
5/26/17 Sports Medicine Administration
6/2/17 ACSM MEETING
6/9/17 Legal Issues
6/16/17 Scuba Diving Medicine
6/23/17 Free Topic
6/30/17 Bearhog Course

Journal Club- MSK

These are articles on musculoskeletal injuries, conditions or problems that interest you. They will be discussed on Monday, Tuesday, and Thursday afternoons after the conclusion of clinic duties. The article should be e-mailed to me and any residents or medical students on the rotation and ALL former Fellows at least 2 days prior to the discussion. Wednesdays are for other educational opportunities including exam skills, ultrasound training, and other topics of interest. The Wednesday afternoon educational sessions will start at 1:00 pm.

The following topics are mandatory:

- 7/5/16 Basic Science- Bone
- 7/6/16 **Knee Exam**
- 7/11/16 Basic Science-Ligament
- 7/12/16 Basic Science- Muscle/Tendon
- 7/13/16 **Shoulder Exam**
- 7/14/16 Casting/Splinting
- 7/19/16 Drugs- Quinalones
- 7/20/16 **Ankle Exam**
- 7/25/16 Drugs- Corticosteroids
- 7/26/16 Drugs- NSAIDs
- 7/27/16 **Elbow Exam**
- 8/2/16 Drugs- Quinalones
- 8/3/16 **Back Exam**
- 8/4/16 Drugs- Glucosamine/Chondroitin
- 8/8/16 Drugs- Hyaluronic Acid
- 8/9/16 Drugs- Stem Cells
- 8/10/16 **Hip Exam**
- 8/15/16 Drugs- PRP
- 8/16/16 ACL
- 8/17/16 **Hand/Wrist Exam**
- 8/18/16 PCL
- 8/22/16 MCL
- 8/23/16 LCL
- 8/24/16 **Foot Exam**
- 8/29/16 Meniscus
- 8/30/16 Articular Cartilage
- 8/31/16 **Ultrasound Basics/Knobology**
- 9/1/16 Osgood-Schlatter's Disease
- 9/6/16 Sindling-Larsen-Johansen's Disease
- 9/7/16 **Ultrasound Evaluation of the Wrist/competency test on Knobology**
- 9/12/16 Patellar Dislocation/Subluxation
- 9/13/16 Knee Dislocation
- 9/14/16 **Ultrasound Evaluation of the shoulder/Competency test on wrist**
- 9/15/16 Patellar Tendon Rupture
- 9/19/16 Patellar Tendinosis
- 9/20/16 Anterior Knee Pain
- 9/21/16 **Ultrasound Evaluation of Elbow/Competency test on shoulder**
- 9/26/16 Plica Syndrome
- 9/27/16 Metacarpal Fractures
- 9/28/16 **Ultrasound Evaluation of foot and ankle/competency test on elbow**
- 9/29/16 UCL Sprain Thumb
- 10/3/16 Lateral Ankle Injuries
- 10/4/16 Deltoid Ligament Injuries/ Syndesmosis Injuries
- 10/5/16 **Ultrasound Evaluation of Knee/ Competency test on foot and ankle**
- 10/10/16 Haglund's Deformity
- 10/11/16 OCD lesions

10/12/16 **Ultrasound Evaluation of Hip/Competency test on knee**
10/13/17 Boxer's Fracture
10/17/16 Os Trigone
10/18/16 Lis Franc Injuries
10/19/16 **Competency Test on Hip**
10/24/16 Coach's Finger
10/25/16 Shoulder Dislocations
10/26/16 **Ultrasound Guided Injections**
10/31/16 Jones' fracture
11/1/16 Turf Toe
11/2/16 **Bracing Workshop**
11/7/16 Sesamoids
11/8/16 Hallux Rigidus
11/9/16 Myositis Ossificans Traumatica
11/14/16 Sever's Disease
11/15/16 Achilles Rupture
11/16/16 Mallet Finger
11/21/16 Plantar Fasciitis
11/22/16 Shin Splints
11/28/16 Exertional Compartment Syndromes- Lower Extremity
11/29/16 Hip Labral Injuries
12/5/16 FAI
12/6/16 Femoral Neck Stress Fractures
12/7/16 SCFE
12/12/16 Legg-Calve-Perthes
12/13/16 Scoliosis
12/14/16 Pelvic Avulsion Fractures
12/19/16 SI Joint
12/20/16 Spondylolysis/Spondylolithesis
12/26/16 Spinal Stenosis
12/27/16 HNP
1/2/17 Scapular Mechanics
1/3/17 Sprengle's Deformity
1/9/17 Scapular Fractures
1/10/17 Pitching Mechanics
1/17/17 Rotator Cuff Tears
1/19/17 Impingement Syndrome
1/23/17 Labral Tears
1/24/17 Little Leaguer's Shoulder
1/30/17 Shoulder Dislocations/Subluxations
1/31/17 Frozen Shoulder
2/6/17 Biceps Tendon Injuries
2/7/17 AC/SC Joint Injuries
2/13/17 Clavicle Fractures
2/14/17 UCL Injuries Elbow
2/15/17 Olecranon Stress Fractures
2/20/17 Lateral Epicondylitis
2/21/17 Little Leaguer's Elbow/ Juvenile OCD

2/22/17 Distal Biceps Tendon Rupture
3/6/17 Valgus Extension Overload
3/7/17 Ulnar Neuritis
3/8/17 Elbow Dislocations
3/20/17 Radial Head Fractures
3/21/17 Forearm Compartment Syndrome
3/22/17 Medial Epicondyle Apophysitis/ Avulsion
3/27/17 Carpal Tunnel Syndrome
3/28/17 DRUJ Injuries
4/3/17 TFCC Injuries
4/4/17 Scaphoid Injuries
4/10/17 Scapho-Lunate Instability
4/11/17 Ulnar Variance
4/24/17 Kienbock's Disease
4/25/17 Hook of the Hamate Fractures
5/1/17 DeQuervain's Tenosynovitis
5/2/17 ECU Injuries
5/3/17 Osteonecrosis Syndromes
5/15/17 Politeus tendinitis
5/16/17 Bennett's Fracture
5/17/17 Tarsal Navicular Stress Fracture
5/22/17 Iliotibial Band Syndrome
5/23/17 Hoffa's Disease
6/5/17 Snapping Hip
6/6/17 Entrapment Neuropathies- Upper Extremity
6/12/17 Entrapment Neuropathies- Lower Extremity
6/13/17 Cuboid Syndrome
6/19/17 TBD
6/20/17 TBD
6/26/17 TBD
6/27/17 TBD

Other Didactics

7/9/16 ACLS and Airway Management in Football Players
7/1/16-7/31/16 BJSM on-line course: ECG in Athletes (all 5 modules)

Mandatory Meetings

12/8-12/11/16	Advanced Team Physician Course- San Diego
5/8-5/13/17	AMSSM Annual Meeting – San Diego Case Abstract Deadline:
5/30-6/1/17	ACSM Annual Meeting – Denver
6/28-7/2/17	Graduation Weekend trip-

1. Practice Improvement Tool-Develop an idea to help improve the practice of Sports Medicine or Preventive Medicine that can be utilized in your clinic, and UMC
2. Research project to be presented at the end of the Fellowship. The project must be completed prior to Graduation in order to complete the Fellowship.
3. Case Presentation Poster/Podium presentation (or research poster) at both AMSSM annual meeting and ACSM annual meeting. Make sure deadlines for submission of abstracts are met.
4. Presentation at ALATA annual meeting in May-
5. Membership in both ACSM and AMSSM if not already
6. University of Alabama Pre-Participation Physicals- Friday, August 19, 2016
7. Shelton State Community College Pre-Participation Physicals- Sunday, August 21, 2016 5:00pm
8. DCH Sports Medicine Pre-Participation Physicals: January, April
9. Alabama Sports Festival- June
10. Boxing/MMA Physicals and fight coverage- TBA
11. Tour de Tuscaloosa Professional Bike Race- April
12. Tuscaloosa Half Marathon: March
13. NCAA Triathlon Championships
14. Saturday Morning Injury Clinic: August-November
15. High School Friday Night Football Game Coverage: August- November
16. Super 7 State High School Football Championships (Auburn)- November 30-December 2
17. State High School Basketball Championship Tournament Coverage (Birmingham)- February 27-March 2, 2017

18. State High School Wrestling Weigh-in- October-December 2016
19. State High School Wrestling Super Section (Montgomery, Birmingham) February 10-11, 2017
20. State High School Wrestling Tournament (Huntsville)-February 16-18, 2017
21. State High School Soccer Championships (Huntsville) May 12-13, 2017
22. High School Wednesday Afternoon Athletic Training Room: August- November
23. University of Alabama Athletic Team Event Coverage: Football, Women's Basketball, Gymnastics
24. Univesrity of Alabama Club Hockey game coverage
25. University of Alabama Theater and Dance Department Dance Clinics- Tuesday afternoons @ 5:30pm
26. University of Alabama Wheelchair Basketball Coverage
27. Special Olympics Pre-Participation Physical
28. Good Samaritan Clinic- every other Thursday evening at the Good Sam Clinic on Watermelon Road.

Fellowship Forum

August 30, 2016 2:05-3:05pm

November 29, 2016 2:05-3:05pm

January 31, 2017 2:05-3:05pm

May 2, 2017 2:05-3:05pm